

You Can Do It!

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Diana Dawson (UK)

Musik: Ain't Gonna Work Today - Junior Brown



CROSS STRUT, SIDE STRUT, BACK, ROCK, SIDE, HOLD - LEADING RIGHT

- 1-2 Cross right toe over left, drop right heel taking weight
- 3-4 Step left toe to left side, drop left heel taking weight
- 5-6 Rock back on right, rock forward onto left
- 7-8 Step right to right side, hold

CROSS STRUT, SIDE STRUT, BACK, ROCK, SIDE, HOLD - LEADING LEFT

- 9-10 Cross left toe over right, drop left heel taking weight
- 11-12 Step right toe to right side, drop right heel taking weight
- 13-14 Rock back on left, rock forward onto right
- 15-16 Step left to left side, hold (facing 12:00)

BACK, ROCK, HEEL STRUT, LEADING RIGHT THEN LEFT

- 17-18 Rock back on right, rock forward onto left
- 19-20 Touch right heel to right side, drop right foot to the floor
- 21-22 Rock back on left, rock forward onto right
- 23-24 Touch left heel to left side, drop left foot to the floor

EXTENDED WEAVE LEFT, KICK

- 25-26 Cross right behind left, step left to left side
- 27-28 Cross right over left, step left to left side
- 29-30 Cross right behind left, step left to left side
- 31-32 Cross right over left, kick left diagonally forward left (facing 12:00)

JAZZ BOX, JAZZ BOX ½ TURN, FORWARD

- 33-34 Cross left over right, step back on right
- 35-36 Step back on left, hold (traveling slightly back)
- 37-38 Cross right over left, step back on left
- 39-40 Make ½ turn right stepping right forward, hold, (traveling forward) (facing 6:00)

LOCK STEPS, STEP, PIVOT ½ TURN, STEP

- 41-42 Step left forward, lock right behind left,
- 43-44 Step left forward, hold
- 45-46 Step right forward, pivot ½ turn left,
- 47-48 Step right forward, hold (facing 12:00)

STEP, HEEL BOUNCE ¼ TURN, COASTER STEP

- 49-50-51-52 Step left forward, bounce heels twice making ¼ turn right, hold (facing 3:00)
- 53-54-55-56 Step right back, step left beside right, step right forward, hold

HEEL, HOOK, HEEL, STOMP, MONTEREY ½ TURN

- 57-58 Touch left heel forward, hook left over right
- 59-60 Touch left heel forward, stomp left beside right, taking weight
- 61-62 Point right to right side, make ½ turn right stepping right beside left (facing 9:00)
- 63-64 Point left to left side, step left beside right, taking weight

REPEAT
