

# You Ain't

Count: 32

Wand: 0

Ebene:

Choreograf/in: Rick Bates (USA) & Deborah Bates (USA)

Musik: If Ya Gettin' Down - Five



## STEP, TOGETHER, OUT-OUT, IN-IN, STEP, TOGETHER, OUT-OUT, IN-IN

- 1-2 Step forward on right foot; step left foot next to right  
&3 Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left  
&4 Step right foot to home, bringing right arm back in front of chest; step left foot next to right, bringing left arm back in front of chest  
5-6 Step forward on right foot; step left foot next to right  
&7 Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left  
&8 Step right foot to home, bringing right arm back in front of chest; step left foot next to right, bringing left arm back in front of chest

## SIDE STEP, BEHIND, PIVOT, FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT, FORWARD SHUFFLE

- 9-10 Lower arms and step to the right on right foot; cross left foot behind right and step  
& Pivot  $\frac{1}{4}$  turn to the right on ball of left foot  
11&12 Shuffle forward (right, left, right)  
13-14 Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot  
15&16 Shuffle forward (left, right, left)

## 1 $\frac{1}{4}$ TO THE RIGHT ROLLING TURN, TOGETHER

- 17-18 Step to the right on right foot and begin a  $1 \frac{1}{4}$  to the right rolling turn traveling to the right; step on left foot and continue  $1 \frac{1}{4}$  to the right rolling turn  
19-20 Step on right foot and complete  $1 \frac{1}{4}$  to the right rolling turn; step left foot next to right

## SYNCOATED HEEL/TOE TOUCHES

- 21 Touch right heel forward  
&22 Step right foot next to left; touch left heel forward  
&23 Step left foot next to right; touch right toe to the right  
&24 Step right foot next to left; touch left toe to the left

## BODY TWIST

- 25-26 Keeping left toe pointed to the left, bend knees and dip right shoulder as you twist body a  $\frac{1}{4}$  turn to the left; bring right shoulder up and straighten knees  
27-28 Bend knees and dip right shoulder as you twist body a  $\frac{1}{4}$  turn to the right; bring right shoulder up and straighten knees, keeping left toe pointed to the left

## FULL ROLLING TURN TO THE LEFT, TRIPLE STEP

- 29-30 Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on right foot and complete full rolling turn to the left  
31&32 Triple step in place (left, right, left)

## REPEAT