Yes (I Feel Alright)



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: John Dowling (UK)

Musik: Yes - McAlmont & Butler



RIGHT CHASSE, ROCK RECOVER 1/4 LEFT, LEFT SHUFFLE FORWARD, ROCK RECOVER

1&2	Step right to side, slide next to right, step right to side chasse righ	٦t

3-4 Making a ¼ turn left, rock step back on left, recover weight forward onto right

5&6 Step left forward, slide right next to left, step left forward 7-8 Rock step forward on right, recover weight back onto left

RIGHT SHUFFLE BACK, TOE TOUCH, PIVOT ½ LEFT, JAZZ BOX

1&2	Step right back, slide left next to right, step right back shuffle back
3-4	Touch left toe behind, pivot ½ turn left transferring weight onto left

5-6 Cross step right over left, step slightly back on left7-8 Step right next to left, step slightly forward on left

HIP SWAYS X 4, CHASSE RIGHT, ROCK BEHIND, RECOVER

1-4 Stepping right in place, sway hips right-left-right-left
5&6 Step right to side, slide next to right, step right to side

7-8 Rock step left behind right, recover weight forward onto right

HIP SWAYS X 4, CHASSE LEFT, ROCK BACK 1/4 TURN RIGHT, RECOVER

1-4 Stepping left in place, sway hips left-right-left-right

5&6 Step left to left side, slide right next to left, step left to side

7-8 Making a ¼ turn right, rock back on right, recover weight forward onto left

Restart dance on wall 2 - you should be facing 6:00

TOE STRUTS TWICE, JAZZ BOX WITH 1/4 TURN RIGHT

1-2	Step right toe forward, lower heel to floor
3-4	Step left toe forward, lower heel to floor

5-6 Cross step right over left, step slightly back on left

7-8 Making a ¼ turn right, step right next to left, step slightly forward on left

RIGHT SHUFFLE FORWARD, LEFT CHASSE TURNING ¼ RIGHT, ¼ TURN RIGHT ROCK BACK, RECOVER, RIGHT SHUFFLE FORWARD

1&2	Step right forward	slide left next to right	sten right forward

Making a ¼ turn right, step left to left side, slide right next to left, step left to side
Making a ¼ turn right, rock step back on right, recover weight forward onto left

7&8 Step right forward, slide left next to right, step right forward

LEFT SIDE ROCK, RECOVER, CROSSING SHUFFLE, RIGHT SIDE ROCK, RECOVER, CROSSING SHUFFLE

1-2	Rock sten left to side	recover weight onto right in place
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3&4 Crossing shuffle left stepping left over right, right to side, left over right

5-6 Rock step right to side, recover weight onto left in place

7&8 Crossing shuffle left stepping right over left, left to side, right over left

SIDE STEP TOUCH, BACK STEP TOUCH, STEP FORWARD TOUCH, 1/4 MONTEREY TURN RIGHT

1-2	Step left to side, touch right next to left
3-4	Step back on right, touch left next to right
5-6	Step forward on left, touch right next to left

REPEAT

RESTART

The dance has a restart after count 32 of wall 2. Otherwise just dance it straight through