The Ya Ya (Phrased)



Count: 0 Wand: 0 Ebene:

Choreograf/in: Patricia Soran (AUT)

Musik: Ya Ya - Lee Dorsey



Sequence: A-B-A-C-B-A-B

PART A

ELVIS KNEE ROLLS

1-2 Right foot feet shoulder-width apart. Weight on right ball, circle-movement with right knee

beginning inward (knee-roll), right hip follows the movement, after circle drop heel to take

weight.

3-4 Left foot weight on left ball, knee-roll left with left hip-roll, drop heel to take weight

5-8 Repeat 1-4

Style option: while doing Elvis knees, put right hand (palm in) with open fingers (jazz hands) on lower belly, left hand (palm in) on neck, elbows outward

TOE STRUTS TURN

1-2 Right foot touch right toe right back; drop heel to take weight during turning ¼ right (facing

3:00)

Left foot touch left toe in front of right foot; drop heel to take weight during turning ¼ right

(6:00)

5-6 Right foot touch right toe in front of left foot; drop heel to take weight during turning ¼ right

(9:00)

7-8 Left foot touch left toe in front of right foot; drop heel to take weight during turning \(\frac{1}{2} \) right

(12:00)

MODIFIED ROGER RABBIT

1 Right foot kick right back

& Hook right behind left foot while left foot scoots backward (towards 6:00)

2 Right foot step on right to take weight

3&4 Left foot kick left back; hook left behind right while right foot scoots back; put weight on left

5-8 Repeat 1-4

Style option: lean torso sideward on the "&'s". Right hook (and left scoot) lean left; left hook, lean right

STEPS DIAGONALLY (ZIGZAG), BRUSH

1	Right foot step forward with a 1/8 turn right (1:30)
2	Laft fact bounds laft fact famous advacas similar (4:20)

2 Left foot brush left foot forward near right (1:30)

3 Left foot step ¼ turn left (10:30)
4 Right foot brush right foot (10:30)
5 Right foot step ¼ turn right (1:30)
6 Left foot brush left foot (1:30)

7-8 Repeat 3-4

TOES STRUTS DIAGONALLY WITH FINGER SNIPS

1 Right foot small step forward on right ball (12:00), weight remains on left; both arms shoulder-

high(hands show toward ceiling)

2 Right foot drop right heel to take weight and snip fingers

3 Left foot cross left over right on left ball, arms behind hips (hands show toward floor)

4 Left foot drop left heel to take weight and snip fingers

5-8 Repeat 1-4

Style note: toes show to 12:00 but the movement goes diagonally to 1:30

Style option: lean torso left on counts 3,4, 7 and 8 (left struts)

ROCK RIGHT, 34 TRIPLE TURN RIGHT, 14 TURN LEFT, SHIMMY

1-2 Rock forward on right, rock back on left (12:00)

3&4 Triple step (right-left-right) with a ¾ turn over right (9:00)

5-6 Rock forward on left, rock back on right (9:00)

7-8 Left foot step left foot with ¼ turn left (6:00); hold and shimmy shoulders (feet are now

shoulder-width apart)

PART B

TOE SWIVELS WITH 1/4 TURNS LEFT

1 Swivel toes to the right (weight on right and left ball) (6:00)

2 Swivel toes to the left (6:00)

3 Step right toe in front of left (6:00) while swiveling toes to the right

4 Swivel toes to the left, while turning 1/4 to left (3:00)

5 Step right toe in front of left (3:00) while swiveling toes to the right

6 Swivel toes to the left, while turning ¼ to left (12:00)

Step right toe in front of left (12:00) while swiveling toes to the right Swivel toes to center, while turning ¼ to left (now facing 9:00)

Style option: open lower arms outward (waist-high), fingers open (jazz hand) and shake hands

WALK, POINT, CROSS

1 Right foot step right forward (9:00)

2 Left foot point left toe to left side, left leg is stretched

Left foot cross left foot over right foot
 Right foot point right toe to right
 Right foot cross right over left

6 Left foot point left

Left foot cross left over rightRight foot point right to right side

Style option: lean torso sideward, lean right by left point, left by right point etc.

ROCK RIGHT, ¾ TRIPLE TURN RIGHT, ROCK LEFT, ½ TRIPLE TURN LEFT

1-2 Rock forward on right, rock back on left (9:00)
3&4 Triple step (right-left-right) with a ¾ turn right (6:00)
5-6 Rock forward on left, rock back on right (6:00)
7&8 Triple step (left-right-left) with a ½ turn left (12:00)

TRIPLE STEPS

1&2 Triple step (right-left-right) (12:00)

3&4 Triple step (left-right-left)
5&6 Triple step (right-left-right)
7&8 Triple step (left-right-left)

Style note: the triple steps are done on balls of feet

Style option: both arms up, shake hands like drying nails (for girls)

Hitch-hiking for boys: by right triple steps, turn head to the right an hold your right thumb to the right side like a hitch-hiker, left triple steps all to the left

1/4 TURNING SAILORS, FLICK, HIP BUMPS

1 Right foot cross right behind left and turn ¼ to right (3:00)

& Left foot step left to left2 Right foot step right in place

3 Flick left behind right while bumping right hip to right

4 Left foot step on left to take weight and bump left hip to left

5-8 Repeat 1-4 (ending at 6:00)

Style option: on counts 3 an 7 (flick) brush hair or snip fingers with right hand

SWIVEL & SUGARFOOT, OUT-OUT

1 With weight on whole left foot travel right: swivel left heel in and touch right toe near left foot

(heel out)

2 Swivel left heel out, touch right heel near left foot(toes out)

3-6 Repeat 1-2 two times

7-8 Small step right foot to right; small step left foot to left

Style option: on counts 7 an 8: combine out-out with a knee-roll right and left

PART C

CROSS ROCK, 1/4 TURN, 1/2 TURNS, CROSSING SHUFFLE WITH 1/4 TURN

1-2 Cross right foot over left, rock back on left (12:00)
&3&4 ¼ turn right on "&" (3:00), shuffle right (right-left-right)
5 ½ turn on both balls to the left (9:00), weight on left
6 ½ turn right on both balls (3:00), weight on right

7&8 Cross left foot over right foot with \(\frac{1}{2}\) turn right (facing 6:00), step right foot near behind left,

small step left foot to right (still crossed over right)

SYNCOPATED, MODIFIED WOOLY BULLY

1 Right foot hitch right knee (6:00) near left & Right foot cross right ankle in front of left shin

2 Left foot ¼ turn left on left (3:00) while bringing right foot back beside left knee (right foot

remains raised with knee bent)

Right foot step back on right footScoot forward with right foot, hitch left

4 Left foot step on left to take weight

5 Repeat 1-4 (now facing 12:00)

SWIVEL WALK, ROLLING GRAPEVINE WITH 1/4 TURN

1 Right foot step forward on right ball, both toes swivel to right (1:30)

2 Left foot step forward on left ball (on height of right foot), toes swivel to left (10:30)

3-4 Repeat 1-2

5-8 Step ¼ turn to right on right foot (3:00); full turn on left ball (3:00); step right foot forward; step

left foot near right foot

Style option: swivel walk: bend knees like going downstairs

KICK-KICK, ½ TURN RIGHT, KICK-KICK, ½ TURN LEFT

1 Right foot kick right foot to left (1:30)
2 Right foot kick right foot to the right

3&4 Cross right behind left turning ¼ to right, step left turning ¼ right, step right forward (9:00)

Left foot kick left foot to right (10:30)
 Left foot kick left foot to left side

Cross left behind right turning ¼ to the left (6:00), step right turning ¼ left, step left forward

(3:00)

KICK-BALL-CHANGE, KICK, SCOOT, ½ TURN, KICK, SCOOT

1&2 Right foot kick right forward (3:00) step right back, step left in place

Right foot kick right foot forward
Scoot left back and kick right back
Right foot step right to take weight

5 Left foot step back on left turning ½ to left (9:00)

6 Right foot step forward on right
7 Left foot kick left foot forward
& Scoot right back an kick left back
8 Left foot step left to take weight

Style option: lean torso forward on the "&'s" (scoot an kick back)

STEP & SHIMMY, SIDE ROCK LEFT, FULL TURN, HIP ROLL

0.2. 0.0, 0.2. 1.0 0 2 1, 0.2 1, 0.2	
1-2	Right foot step right foot with a ¼ turn right (12:00); hold and shimmy shoulders (weight is on
	right foot)
3-4	Rock left to left, rock back on right
5-6	Full turn on right ball (12:00); step on left to take weight (feet shoulder-width apart)

7-8 Hip roll right (lift right heel during hip-roll, weight remains left)

Style option: while doing full turn and hip roll put your hand in your neck (palms in), elbows outward