

# X-Change

Count: 56

Wand: 4

Ebene: Improver

Choreograf/in: Maxime "Maverick" Baguley (UK)

Musik: Some Change - Boz Scaggs



## RIGHT TOE, HEEL, SAILOR SHUFFLE

- 1-2 Touch right toe in place, touch right heel in place  
3&4 Right sailor shuffle (cross right behind left, step left to side, step right next to left)

## LEFT TOE, HEEL, SAILOR SHUFFLE

- 5-6 Touch left toe in place, touch left heel in place  
7&8 Left sailor shuffle (cross left behind right, step right to side, step left next to right)

## SHUFFLE FORWARD, STEP, SLIDE

- 1&2 Shuffle forward on right (right-left-right)  
3 Step left forward(turn body to look over right shoulder)  
4 Slide right up to left (return body to face front)

## SHUFFLE FORWARD, STEP, ½ TURN

- 5&6 Shuffle forward on right (right-left-right)  
7-8 Step left forward, ½ pivot right

## LEFT TOE, HEEL, SAILOR SHUFFLE

- 1-2 Touch left toe in place, touch left heel in place  
3&4 Left sailor shuffle (cross left behind right, step right to side, step left next to right)

## RIGHT TOE, HEEL, SAILOR SHUFFLE

- 5-6 Touch right toe in place, touch right heel in place  
7&8 Right sailor shuffle (cross right behind left, step left to side, step right next to left)

## SHUFFLE FORWARD, STEP, SLIDE

- 1&2 Shuffle forward on left (left-right-left)  
3 Step right forward(turn body to look over left shoulder)  
4 Slide left up to right (return body to face front)

## SHUFFLE FORWARD, STEP, ¼ TURN

- 5&6 Shuffle forward on left (left-right-left)  
7-8 Step right forward, ¼ pivot left

## ZIG-ZAG SHUFFLES, STEP, ½ TURN

- 1&2 Shuffle forward to right diagonal (right-left-right)  
3&4 Shuffle forward to left diagonal (left-right-left)  
5&6 Shuffle forward to right diagonal (right-left-right)  
7-8 Step left forward, ½ pivot right

## ZIG-ZAG SHUFFLES, STEP, ½ TURN

- 1&2 Shuffle forward to left diagonal (left-right-left)  
3&4 Shuffle forward to right diagonal (right-left-right)  
5&6 Shuffle forward to left diagonal (left-right-left)  
7-8 Step right forward, ½ pivot left

## STEP, HOLD, TURN, HOLD, HEEL, HEEL, SLOW TURN

- 1-2 Step right forward, hold
- 3-4  $\frac{1}{2}$  pivot left, hold
- 5 Pivot  $\frac{1}{4}$  turn right (on balls of feet)
- & Tap both heels once
- 6 Pivot  $\frac{1}{4}$  turn right (on balls of feet)
- & Tap both heels once
- 7-8 Turn  $\frac{1}{2}$  to left (while rolling body up to vertical position. End with weight on left foot)

**REPEAT**

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