

World Hold On

Count: 32

Wand: 1

Ebene: Improver

Choreograf/in: Ayaka Momoko

Musik: World, Hold On - Bob Sinclar



RIGHT KICK, KICK, COASTER STEP, LEFT KICK, KICK, COASTER STEP

- 1-2 Kick right forward, kick right forward
- 3&4 Step right back, close left up to right, place right forward
- 5-6 Kick left forward, kick left forward
- 7&8 Step left back, close right up to left, step left forward

SIDE, ELBOW, FLIP ½ TURN, RETURN TO SHOULDER, FLIP ½ TURN, RETURN TO HIP, PLACE LEFT HAND ON HIP, HOLD

- 1-2 Step right to right, throw right elbow to right side so right arm is parallel to floor
- 3-4 Rotate right arm ½ turn right so right fist is now extended to right side, return arm through same path as it traveled in count 3 but touch right shoulder with right hand
- 5-6 Rotate right arm ½ turn right so right fist is now extended to right side, return arm through same path as it traveled in count 5 but touch right hip with right hand
- 7-8 Place left hand on left hip so now both hands are positioned on respective hips, hold

2X TO THE LEFT HIP ROLLS, RIGHT SIDE TOUCH TOGETHER, LEFT SIDE TOUCH TOGETHER

- 1-2 Roll hips to the left over 2 counts
- 3-4 Roll hips to the left over 2 counts
- 5-6 Step right to right side, touch left foot up to right
- 7-8 Step left to left side, touch right foot up to left

RIGHT HEEL, FLICK, HEEL, TOGETHER, LEFT HEEL, FLICK, HEEL, TOGETHER

- 1-2 Dig right heel forward, flick right foot to right side
- 3-4 Dig right heel forward, close right foot up to left
- 5-6 Dig left heel forward, flick left foot to left side
- 7-8 Dig left heel forward, close left foot up to right

REPEAT
