

World At Your Feet

Count: 0

Wand: 1

Ebene: Intermediate/Advanced

Choreograf/in: Janet Mutlow

Musik: World At Your Feet - Embrace



Sequence: A, B, C, B, D, E, B

SECTION A

HEEL BOUNCES

1-8 With weight on balls of feet lift and drop heels 8 times

STEP, HEELS

1-2 Step right to right side, touch left heel to floor beside right

3-4 Step left to left side, touch right heel to floor beside left

5-6 Step right to right side, touch left heel to floor beside right

7-8 Step left to left side, touch right heel to floor beside left

EXTENDED GRAPEVINE RIGHT, TOUCH LEFT

1-3 Step right to right side, cross left behind right, step right to right side

4-5 Cross left in front of right, step right to right side

6-7-8 Cross left behind right, step right to right side, touch left beside right

EXTENDED GRAPEVINE LEFT, TOUCH RIGHT

1-3 Step left to left side, cross right behind left, step left to left side

4-5 Cross right in front of left, step left to left side

6-7-8 Cross right behind left, step left to left side, touch right beside left

CHASSÉ RIGHT, SCUFF LEFT CROSS, CHASSÉ LEFT, SCUFF RIGHT CROSS

1-3 Step right to right side, close left beside right, step right to right side

4 Scuff left across right to right diagonal front

5-6-7 Step left to left side, close right beside left, step left to left side

8 Scuff right across left to left diagonal front

TOE STRUTS BACK RIGHT AND LEFT

1-2-3 Step right toe back, drop right heel taking weight, step left toe back

4-5-6 Drop left toe taking weight, step right toe back, drop right heel taking weight

7-8 Step left toe back, drop left toe taking weight

STEP, HEEL HITCHES

1-6 Step right, left heel hitch, step left, right heel hitch, step right, left heel hitch

7-8 Step left, right heel hitch

CHASSÉ, HITCH, CHASSÉ, HITCH

1-2-3 Step right to right side, close left beside right, step right to right side

4-5-6 Hitch left knee up, step left to left side, close right beside left

7-8 Step left to left side, hitch right knee up

STEP RIGHT, HITCH 3 TIMES, STEP LEFT, HITCH 3 TIMES

1-4 Step right, hitch left knee up 3 times without replacing weight (as if kneeling a football)

5-8 Step left, hitch right knee up 3 times without replacing weight

STAR

- 1-2 Step forward right on diagonal, touch left behind right
- 3-4-5 Step back left on diagonal, touch right in front of left, step back right on diagonal
- 6-7-8 Touch left in front of right, step forward left on diagonal, touch right behind left

SECTION B

CHASSÉ RIGHT, STEP LEFT, RIGHT TAPS, KICK, STEP

- 1-2-3 Step right to right side, close left beside right, step right to right side
- 4-5-6 Step left beside right, tap right toe twice
- 7-8 Kick right, step right

TOE STRUTS FORWARD LEFT

- 1-2-3 Step left toe forward, drop left heel taking weight, step right toe forward
- 4-5 Drop right toe taking weight, step left toe forward
- 6-7-8 Drop left heel taking weight, step right toe forward, drop right toe taking weight

CHASSÉ LEFT, STEP RIGHT, LEFT TAPS, KICK, STEP

- 1-2 Step left to left side, close right beside left
- 3-4-5-6 Step left to left side, step right beside left, tap left toe twice
- 7-8 Kick left, step left

TOE STRUTS BACK RIGHT AND LEFT

- 1-2-3 Step right toe back, drop right heel taking weight, step left toe back
- 4-5 Drop left toe taking weight, step right toe back
- 6-7-8 Drop right heel taking weight, step left toe back, drop left toe taking weight

CHASSÉ RIGHT, STEP LEFT, 3 RUNS BACK RIGHT, KICK LEFT

- 1-2-3-4 Step right to right side, close left beside right, step right to right side, step left
- 5-6-7-8 Run back for 3 steps on right, left, right, kick left

CHASSÉ LEFT, STEP RIGHT, 3 RUNS FORWARD LEFT, KICK RIGHT

- 1-2-3-4 Step left to left side, close right beside left, step left to left side, step right
- 5-6-7-8 Run forward for 3 steps on left, right, left, kick right

BALL CHANGES

- 1-8 Step right behind left ball change transferring weight from right to left 4 times

RONDE FORWARD RIGHT, KICK, STEP, JUMP

- 1-4 Prepare right foot behind left and sweep it around forward
- 5-6 Kick right, step right
- 7-8 JUMP AND LAND ON BOTH FEET AS YOU RAISE BOTH ARMS

SECTION C

EXTENDED GRAPEVINE RIGHT, TOUCH LEFT

- 1-2-3 Step right to right side, cross left behind right, step right to right side
- 4-5 Cross left in front of right, step right to right side
- 6-7-8 Cross left behind right, step right to right side, touch left beside right

EXTENDED GRAPEVINE LEFT, TOUCH RIGHT

- 1-2-3 Step left to left side, cross right behind left, step left to left side
- 4-5 Cross right in front of left, step left to left side
- 6-7-8 Cross right behind left, step left to left side, touch right beside left

STAR

- 1-2-3 Step forward right on diagonal, touch left behind right, step back left on diagonal
- 4-5-6 Touch right in front of left, step back right on diagonal, touch left in front of right

7-8 Step forward left on diagonal, touch right behind left

TOE STRUTS BACK RIGHT AND LEFT

1-2-3 Step right toe back, drop right heel taking weight, step left toe back

4-5-6 Drop left toe taking weight, step right toe back, drop right heel taking weight

7-8 Step left toe back, drop left toe taking weight

STEP RIGHT, LEFT TOE FAN, STEP LEFT, RIGHT TOE FAN

1-4 Step right, fan left toe to left side and return toe to center twice

5-8 Step left, fan right toe to right side and return toe to center twice

SLIDE RIGHT, TOUCH LEFT, SLIDE LEFT, TOUCH RIGHT

1-2-3 Slide right to right side while keeping foot in contact with the floor

4 Touch left beside right

5-6-7 Slide left to left side while keeping foot in contact with the floor

8 Touch right beside left

SECTION D

CHASSÉ RIGHT, STEP LEFT, 3 RUNS BACK RIGHT, KICK LEFT

1-2-3-4 Step right to right side, close left beside right, step right to right side, step left

5-6-7-8 Run back for 3 steps on right, left, right, kick left

CHASSÉ LEFT, STEP RIGHT, 3 RUNS FORWARD LEFT, KICK RIGHT

1-2-3-4 Step left to left side, close right beside left, step left to left side, step right

5-6-7-8 Run forward for 3 steps on left, right, left, kick right

BALL CHANGES

1-8 Step right behind left ball change transferring weight from right to left 4 times

RONDE FORWARD RIGHT, KICK, STEP, JUMP

1-4 Prepare right foot behind left and sweep it around forward

5 Kick right

6 Step right

7-8 Jump and land on both feet as you raise both arms

SECTION E

Danced with raised arms throughout

STAR

1-2-3 Step forward right on diagonal, touch left behind right, step back left on diagonal

4-5-6 Touch right in front of left, step back right on diagonal, touch left in front of right

7-8 Step forward left on diagonal, touch right behind left

STAR

1-2-3 Step forward right on diagonal, touch left behind right, step back left on diagonal

4-5-6 Touch right in front of left, step back right on diagonal, touch left in front of right

7-8 Step forward left on diagonal, touch right behind left

FULL PADDLE TURN RIGHT

1 Step forward right with left foot behind

2-8 Pivot full turn right on the balls of the feet changing weight (feet do not leave the floor) for 7 counts

EXTENDED GRAPEVINE RIGHT, TOUCH LEFT

1-2-3 Step right to right side, cross left behind right, step right to right side

4-5-6 Cross left in front of right, step right to right side, cross left behind right

7-8 Step right to right side, touch left beside right

EXTENDED GRAPEVINE LEFT, TOUCH RIGHT

1-2-3 Step left to left side, cross right behind left, step left to left side

4-5-6 Cross right in front of left, step left to left side, cross right behind left

7-8 Step left to left side, touch right beside left

FULL PADDLE TURN RIGHT

1 Step forward right with left foot behind

2-8 Pivot full turn right on the balls of the feet changing weight (feet do not leave the floor) for 7 counts

STAR

1-2-3 Step forward right on diagonal, touch left behind right, step back left on diagonal

4-5-6 Touch right in front of left, step back right on diagonal, touch left in front of right

7-8 Step forward left on diagonal, touch right behind left

STAR

1-2-3 Step forward right on diagonal, touch left behind right, step back left on diagonal

4-5-6 Touch right in front of left, step back right on diagonal, touch left in front of right

7-8 Step forward left on diagonal, touch right behind left
