

# Wise Up

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Kate Sala (UK)

Musik: Fool No More - S Club 8



## **FORWARD ROCK, TRIPLE FULL TURN, CROSS STEP, SIDE STEP, TRIPLE ¾ TURN**

- 1-2 Rock forward on right, rock back on left  
3&4 Triple full turn right on the spot on right, left, right

### **Alternative: coaster step**

- 5-6 Cross step left over right, step right to right side  
7&8 Triple ¾ left on left, right, left, traveling towards 3:00 wall

## **HEEL & TOE & KICK, STEP BACK, TOGETHER, WALK FORWARD TWICE, KICK, OUT, OUT**

- 1&2 Dig right heel forward, step right in place, tap left toe back  
&3&4 Step left in place, kick right forward, step back on right, step left next to right  
5-6 Walk forward on right, left  
7&8 Kick right forward, step right out to right side, step left out to left side

## **FULL TURN LEFT, CROSS ROCK, SCISSOR STEP, STEP LEFT, TOGETHER**

- 1-2 Turn ½ left stepping right to right side, turn ½ left stepping left to left side  
3-4 Cross rock right over left, recover on to left  
5&6 Step right to right side, step left next to right, cross step right over left  
7-8 Step left to left side, step right next to left

## **CROSS SHUFFLE, SIDE SHUFFLE, CROSS BEHIND, UNWIND ½ TURN, PIVOT ½ TURN**

- 1&2 Cross step left over right, step right to right, cross step left over right  
3&4 Step right to right side, step left next to right, step right to right side  
5-6 Cross step left behind right, unwind ½ turn left  
7-8 Step forward on right, pivot ½ turn left

## **CROSS STEP, HOLD, & CROSS, SIDE STEP, KICK BACK, BALL CROSS, SWEEP FORWARD**

- 1-2 Cross step right over left, hold for 1 count  
&3-4 Step left to left side, cross step right over left, step left to left side  
5&6 Low kick right behind, step on ball of right in place, cross step left over right  
7-8 Sweep right forward from back to front, step forward on right

## **PIVOT ½ TURN, TRIPLE ½ TURN, WALK BACK TWICE, BALL STEP, STEP WITH ¼ TURN LEFT**

- 1-2 Step forward on left, pivot ½ turn right  
3&4 Triple ½ turn right on left, right, left traveling back  
5-6 Walk back on right, left  
&7-8 Step on ball of right next to left, step forward on left, turn ¼ left stepping right to right side

## **FORWARD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS, ¾ TURN LEFT**

- 1-2 Rock forward on left, rock back on right  
3-4 Rock left out to left side, rock on right in place  
5&6 Cross step left behind right, step right to right side, cross step left over right  
7-8 Turn ¼ left stepping back on right, turn ½ left stepping forward on left

## **FORWARD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS, SIDE STEP LEFT, SLIDE IN RIGHT**

- 1-2 Rock forward on right, rock back on left  
3-4 Rock right out to right side, rock on left in place

5&6 Cross step right behind left, step left to left side, cross step right over left  
7-8 Big step left to left side, slide right next to left, (keeping weight on left foot)

**REPEAT**

**TAG**

**On the 5th wall, dance 32 counts only finishing on, unwind ½ turn, pivot ½ turn (3:00). Add**

1-4 Rock forward on right, rock back on left, step back on right, step left next to right

**Start dance again from the beginning**

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