

Wild Ride

Count: 32

Wand: 4

Ebene:

Choreograf/in: Mark Cosenza (USA)

Musik: Wild One - BR5-49



JUMP FORWARD RIGHT, LEFT, ROTATE HIPS, SWEEP ¼ RIGHT, STEP LEFT, RIGHT

- &1 Jump forward right, left and rotate hips right, left
- &2 Rotate hips right, left
- &3 Rotate hips right, left
- &4 Rotate hips right, left
- 5-6 Sweep right foot out to the side and back turning ¼ right (2-counts) (keep left foot pointing towards original wall)
- 7 Hold
- &8 Step left foot to new wall, touch right foot next to left foot

JUMP FORWARD RIGHT, LEFT, JUMP BACKWARD RIGHT, LEFT, TWIST RIGHT, LEFT, RIGHT, LEFT

- 9&10 Jump forward right & left pointing both feet at a 45 degree angle to the right, hold
- 11&12 Jump backward left & right pointing both feet at a 45 degree angle to the left, hold
- 13-14 Twist heels left, twist heels right
- 15-16 Twist heels left, twist heels right

For added style: During twists, bend knees down 2 counts and up two counts

POINT RIGHT HAND & RIGHT KNEE, ROTATE ¼ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, KICK BALL CROSS, ROTATE ¼ LEFT

- 17-20 Point right hand and right knee forward and rotate ¼ right (in 4 equal counts)
- 21&22 Right shuffle forward: step forward with right & step together with left, step forward with right
- 23 With the body facing diagonally left, kick left forward to left diagonal
- &24 Rock back on ball of left, step right across in front of left and rotate ¼ left

STEP LEFT SIDE, CROSS, STEP LEFT SIDE, CROSS, ½ TURN LEFT

- 25-26 Step left foot out to left side, hold
- 27-28 Cross right foot over left, hold
- 29-30 Step left foot out to left side, hold
- 31 Cross right foot over left
- 32 Unwind ½ turn to the left

REPEAT

In order for the dance to fit the phrasing of the music, When facing Wall 1 the second time, only do counts 17-32. You should then begin the dance again at Wall 3