Whole Lotta Peppas

Ebene: Intermediate

Choreograf/in: Neil Hale (USA)

Count: 48

Musik: Cup Of Life (Spanglish Radio Edit) - Ricky Martin

There are 3 different cuts of this song on 3 different Ricky Martin CDs, which sometimes varies between countries. "The Cup Of Life (Remix-English Radio Edit)" from the "Viva!" CD, Sony A31059, will also work. "La Copa de la Vida (The Cup Of Life)" from the "Vuelve" CD has a 2 beat tag that beginning level dancers have a difficult time dancing through. Styling for this dance is definitely Latin with "mucha" hip action

LEFT STEP SIDE, TOGETHER, TRIPLE STEP FORWARD, RIGHT STEP SIDE, TOGETHER, TRIPLE STEP FORWARD

- 1-2 Left step side left, right step next to left
- 3&4 Left small step forward, right step next to left, left small step forward
- 5-6 Right step side right, left step next to right
- 7&8 Right small step forward, left step next to right, right small step forward

ROCK, RETURN, TRIPLE STEP IN PLACE INTO ½ TURN, STEP, ½ PIVOT, FORWARD COASTER

- 1-2 Left rock forward, return weight to right
- 3&4 Left step back into ¼ turn left, right close next to left, left step side into ¼ turn left
- 5-6 Step right forward, pivot 1/2 turn left
- 7&8 Right smal step forward, left close next to right, right small step back

LEFT SLIDE, RIGHT SLIDE, TRIPLE STEP, RIGHT SLIDE, LEFT SLIDE, REVERSE COASTER

- 1-2 Left slide back past right, right slide back past left
- 3&4 Left small step back past right, right step next to left, left small step back
- 5-6 Right slide back past left, left slide back past right
- Right small step back past left, left step next to right, right small step forward 7&8

ROCK, RETURN, STEP, STEP, STEP, ROCK, RETURN, STEP, ½ PIVOT, STEP

- &1-2 Left rock side left, return weight to right, left step directly in front of right
- 3-4 Right step directly in front of left, left step directly in front of right
- &5-6 Right rock side right, return weight to left, step right forward
- 7-8 Pivot ¹/₂ turn left, right step next to left

ROCK, RETURN, CROSS-STEP, SIDE ¼ TURN, BACK ½ TURN, STEP, ½ PIVOT, TRIPLE STEPS

- &1-2 Left rock side left, return weight to right, left cross-step over right
- 3-4 Right step side right into 1/4 turn left, left step back into 1/2 turn left
- 5-6 Step right forward, pivot 1/2 turn left
- Right small step forward, left close next to right, right small step forward 7&8

STEP, ½ PIVOT, TRIPLE IN PLACE INTO ¾ TURN, ROCK, RETURN, TRIPLE IN PLACE

- 1-2 Step left forward, pivot 1/2 turn right
- 3&4 Left step forward into ¼ turn right, right step into ¼ turn right, left step into ¼ turn right
- 5-6 Right rock back, return weight to left
- 7&8 Right step next to left, left step in place, right step in place

REPEAT





Wand: 2