

Whipped Cream

COPPER KNOB
STEPSHEETS

Count: 40

Wand: 4

Ebene: Improver mambo

Choreograf/in: Rita Ensminger (USA)

Musik: Whipped Cream - Herb Alpert & The Tijuana Brass



SIDE MAMBO BREAKS

1-2-3-4 Left step side, right step in place, left step next to right, hold
5-6-7-8 Right step side, left step in place, right step next to left. Hold

SAILOR STEP, HIP BUMPS

1-2-3-4 Left step behind across right, right step side, left step side, hold
5-6-7-8 Right step next to left starting hip bumps right, left, right, hold

LEFT VINE, RIGHT VINE ¼ TURN RIGHT

1-2-3-4 Left step side, right step behind across left, left step side, right touch next to left
5-6-7-8 Right step side, left step behind right, right step side turning ¼ right, hold

KICK, STEP, STEP, HOLD, HEELS IN, TOES IN, HEELS IN, HOLD

1-2-3-4 Left kick forward, left step in place, right step side, hold (feet apart)
5-6-7-8 Left & right heels in, left & right toes in, left & right heels in, hold

ROCK STEPS FULL TURN RIGHT

1-2-3-4 (Turning ¼ right) right step forward, step left back, (turning ¼ right) right step forward, step left back
5-6-7-8 (Turning ¼ right) right step forward, step left back, (turning ¼ right) right step forward, hold

REPEAT
