What's Up Lonely?

Count: 48

Ebene: Intermediate

Choreograf/in: Gerard Murphy (CAN)

Musik: What's Up Lonely - Kelly Clarkson

PRESS RIGHT TO RIGHT, SLIDE/TOUCH, SHUFFLE RIGHT, ROCK & STEP LEFT, SAILOR STEP 1/4 RIGHT

- 1-2 Long step right to right side (side press), slide & touch right next to left
- 3&4 Shuffle right - right, left, right
- Step ball of left behind right, recover onto right, step left to left side 5&6
- 7&8 Step right behind left, step left to left side, step right 1/4 turn right

STEP FORWARD LEFT, STEP FORWARD RIGHT, PIVOT ½ LEFT, SHUFFLE ¾ LEFT, ROCK BACK/RECOVER, STEP LEFT FORWARD

- 9-10-11 Step left forward, step right forward, pivot 1/2 turn left with weight to left
- 12&13 Shuffle ³/₄ turn left - right, left, right

14-15-16 Rock back on left, recover forward onto right, step forward on left

SHUFFLE FORWARD, STEP FORWARD LEFT, POINT RIGHT TO RIGHT, CROSS ROCK/RECOVER POINT TWICE

- 17&18 Shuffle forward - right, left, right
- 19-20 Step forward on left, point right to right side
- 21&22 Cross rock right over left (pump right shoulder up/left shoulder down), recover onto left, point right to right side (pump right shoulder down/left shoulder up)
- Cross rock right over left (pump right shoulder up/left shoulder down), recover onto left, point 23&24 right to right side (pump right shoulder down/left shoulder up)

Moving slightly forward on counts 21 to 24

CROSS SHUFFLE LEFT, STEP LEFT, SAILOR STEP, BEHIND/SIDE/CROSS, UNWIND 3/ RIGHT/POP **RIGHT KNEE**

- 25&26 Cross shuffle to left - right, left, right
- 27 Step left to left side
- 28&29 Step right behind left, step left to left side, step right to right side
- 30&31 Step left behind right, step on ball of right, cross step left over right
- 32 Unwind ³/₄ turn right and pop right knee

STEP, KICK/BALL, SHUFFLE FORWARD, ROCK/RECOVER, SHUFFLE ½ LEFT

- 33-34& Step right forward, low kick left forward, step down on left
- 35&36 Shuffle forward - right, left, right
- 37-38 Rock forward on left, recover onto right
- 39&40 Shuffle ¹/₂ turn left - left, right, left (or shuffle 1 ¹/₂ turn left - more difficult!)

WALK FORWARD RIGHT/LEFT, SWIVEL ½ RIGHT/SIT, POINT/LOOK BACK, STEP/BUMP, STEP/BUMP

- Walk forward right, left 41-42
- 43 Swivel ¹/₂ turn right on balls of both feet while bending knees into sitting position - weight to left
- 44 Point right toes forward while standing up - lean slightly back and look over left shoulder
- 45-46 Step right forward, hitch left knee slightly (so that foot is just barely off floor) and bump left hip gently left
- Step left forward, hitch right knee slightly (so that foot is just barely off floor) and bump right 47-48 hip gently right





Wand: 4

REPEAT

RESTART

After 2 rotations (facing the back wall), do the first 16 counts and restart from the beginning.

TAG

After another 2 rotations (facing the front wall), do this 4 count tag and restart from the beginning.

- 1-2 Step right forward, hitch left knee slightly (so that foot is just barely off floor) and bump left hip gently left
- 3-4 Step left ¼ turn left, hitch right knee slightly (so that foot is just barely off floor) and bump right hip gently right