

# What's Up Lonely?

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Gerard Murphy (CAN)

Musik: What's Up Lonely - Kelly Clarkson



## **PRESS RIGHT TO RIGHT, SLIDE/TOUCH, SHUFFLE RIGHT, ROCK & STEP LEFT, SAILOR STEP ¼ RIGHT**

- 1-2 Long step right to right side (side press), slide & touch right next to left  
3&4 Shuffle right - right, left, right  
5&6 Step ball of left behind right, recover onto right, step left to left side  
7&8 Step right behind left, step left to left side, step right ¼ turn right

## **STEP FORWARD LEFT, STEP FORWARD RIGHT, PIVOT ½ LEFT, SHUFFLE ¾ LEFT, ROCK BACK/RECOVER, STEP LEFT FORWARD**

- 9-10-11 Step left forward, step right forward, pivot ½ turn left with weight to left  
12&13 Shuffle ¾ turn left - right, left, right  
14-15-16 Rock back on left, recover forward onto right, step forward on left

## **SHUFFLE FORWARD, STEP FORWARD LEFT, POINT RIGHT TO RIGHT, CROSS ROCK/RECOVER POINT TWICE**

- 17&18 Shuffle forward - right, left, right  
19-20 Step forward on left, point right to right side  
21&22 Cross rock right over left (pump right shoulder up/left shoulder down), recover onto left, point right to right side (pump right shoulder down/left shoulder up)  
23&24 Cross rock right over left (pump right shoulder up/left shoulder down), recover onto left, point right to right side (pump right shoulder down/left shoulder up)

### **Moving slightly forward on counts 21 to 24**

## **CROSS SHUFFLE LEFT, STEP LEFT, SAILOR STEP, BEHIND/SIDE/CROSS, UNWIND ¾ RIGHT/POP RIGHT KNEE**

- 25&26 Cross shuffle to left - right, left, right  
27 Step left to left side  
28&29 Step right behind left, step left to left side, step right to right side  
30&31 Step left behind right, step on ball of right, cross step left over right  
32 Unwind ¾ turn right and pop right knee

## **STEP, KICK/BALL, SHUFFLE FORWARD, ROCK/RECOVER, SHUFFLE ½ LEFT**

- 33-34& Step right forward, low kick left forward, step down on left  
35&36 Shuffle forward - right, left, right  
37-38 Rock forward on left, recover onto right  
39&40 Shuffle ½ turn left - left, right, left (or shuffle 1 ½ turn left - more difficult!)

## **WALK FORWARD RIGHT/LEFT, SWIVEL ½ RIGHT/SIT, POINT/LOOK BACK, STEP/BUMP, STEP/BUMP**

- 41-42 Walk forward right, left  
43 Swivel ½ turn right on balls of both feet while bending knees into sitting position - weight to left  
44 Point right toes forward while standing up - lean slightly back and look over left shoulder  
45-46 Step right forward, hitch left knee slightly (so that foot is just barely off floor) and bump left hip gently left  
47-48 Step left forward, hitch right knee slightly (so that foot is just barely off floor) and bump right hip gently right

## REPEAT

## RESTART

After 2 rotations (facing the back wall), do the first 16 counts and restart from the beginning.

## TAG

After another 2 rotations (facing the front wall), do this 4 count tag and restart from the beginning.

- 1-2 Step right forward, hitch left knee slightly (so that foot is just barely off floor) and bump left hip gently left
  - 3-4 Step left  $\frac{1}{4}$  turn left, hitch right knee slightly (so that foot is just barely off floor) and bump right hip gently right
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