

What's On My Mind

Count: 32

Wand: 0

Ebene:

Choreograf/in: DJ Dan (NL) & Wynette Miller (NL)

Musik: What's on My Mind - Gary Allan



Position: Right side-by-side

SIDE ROCK & STEP FORWARD (LEFT & RIGHT); LOCK STEPS FORWARD (LEFT & RIGHT)

- 1&2 Rock left to left side, recover onto right, step left forward
- 3&4 Rock right to right side, recover onto left, step right forward
- 5&6 Step left forward, lock right behind left, step left forward
- 7&8 Step right forward, lock left behind right, step right forward

STEP, ½ PIVOT TURN, ANCHOR STEP; SLIDE STEPS BACK, LOCK STEP BACK

- 9-10 Step left forward, pivot ½ turn right

Facing RLOD, left side-by-side

- 11&12 Lock left behind right, step right in place, step left back

Easier option:

- 11&12 Rock left forward, recover onto right, step left back
- 13-14 Slide step right back, slide step left back
- 15&16 Step right back, lock left over right, step right back

½ TURN WALKS FORWARD (LEFT & RIGHT), SHUFFLE FORWARD; WALKS FORWARD (RIGHT & LEFT), SHUFFLE FORWARD

- 17-18 Make ½ turn left walk forward left, right

Facing LOD, right side-by-side

- 19&20 Shuffle forward stepping left, right, left
- 21-22 Walk forward right, left
- 23&24 Shuffle forward stepping right, left, right

Option for Lady:

- 21-22 Let go left hands, raise right hands, make ½ turn left step right back, make ½ turn left step left forward, rejoin left hands

ROCK STEP, COASTER STEP (LEFT & RIGHT)

- 25-26 Rock left forward, recover onto right
- 27&28 Step left back, step right next to left, step left forward
- 29-30 Rock right forward, recover onto left
- 31&32 Step right back, step left next to right, step right forward

REPEAT
