What Hurts The Most

Ebene: Intermediate/Advanced

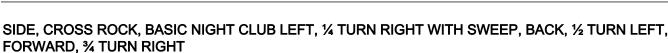
Choreograf/in: Helena Jeppsson (SWE)

Musik: What Hurts the Most - Rascal Flatts

Step right back, cross left over right Turn ¹/₄ right and step right forward and sweep left back to front (3:00) Rock left forward, recover on right Turn ¹/₂ left and step left forward (9:00) Step right forward, turn 1/2 right and step left back (3:00) SIDE, ROCKING CHAIR, CROSS, SWEEP, CROSS, SIDE, BEHIND, ¼ TURN LEFT, ROCK STEP Turn $\frac{1}{4}$ right and step right to side (facing 6:00) Rock left forward & across, recover onto right Rock left diagonally back, recover onto right Step left forward, sweep right back to front Step right forward, step left to side Cross right behind left Turn 1/4 left and step left forward, step right forward (3:00) Rock left forward, recover onto right BACK, ½ TURN RIGHT, STEP, ¾ TURN, SIDE, CROSS ROCK, SIDE, HIPS SWAYS, ROCK STEP, SIDE Step left back, turn 1/2 right and step right forward (9:00) Step right forward, turn ³/₄ right (weight to left, facing 6:00) Step right to side Cross/rock left over right, recover onto right Step left to side Sway hips right, left 7&8 Rock right behind left, recover onto left, step right to side ROCK STEP, SIDE, CROSS, 1 ½ TURN RIGHT WITH SWEEP, BACK, CROSS, ROCK STEP, ¼ TURN **RIGHT, BACK**

- 1&2 Rock left behind right, recover onto right, step left to side
- 3-4 Cross/rock right behind left, recover to left
- 5& Spiral turn a full turn right and then turn an additional ¹/₂ turn as you sweep right from front to back and cross/rock right behind left, recover onto left
- 6-7 Rock right to side, recover onto left
- 8& Turn ¼ right and step right back, step left back, turn ¼ right (6:00)

REPEAT



1 Step right to side

Count: 32

- 2& Cross/rock left over right, recover onto right
- 3 Step left to side
- 4&
- 5
- 6&
- 7
- 8&
- Restart from here on wall 3

- 1
- 2&
- 3&
- 4&
- 5&
- 6
- 7&
- 8&

- 1&
- 2&
- 3
- 4&
- 5
- 6&

Restart on wall 6





Wand: 2