What A Life!



Count: 32 Wand: 4 Ebene: Intermediate cha cha

Choreograf/in: Kathy Hunyadi (USA)

Musik: Life - Des'ree



CHA-CHA LEFT BASIC, CHA-CHA FORWARD, RIGHT PIVOT TURN, SYNCOPATED ½ TURN

1-2-3 Step left to left side, rock back right, recover weight to left

4&5 Step right forward, step left up to right (5th foot position), step right forward

6-7 Pivot on ball of right & turn ½ right stepping back on left, turn ½ right stepping forward on

right

8&1 Step forward on left, turn ½ right stepping right in place, step left forward

SYNCOPATED STEP SLIDE, ROCK FORWARD, 1/4 LEFT TURN, CHA-CHA SIDE LEFT 1/4 TURN

2-3 Step right forward, step left up to right (3rd foot position)

4&5 Step right forward, step left up to right, step right forward (cha-cha terrace)

6-7 Rock forward on left, recover weight to right & turn 1/4 left

8&1 Step left to side, step right beside left, turn ¼ left stepping left forward

ROCK FORWARD, CHA-CHA LOCK BACK, ROCK BACK, CHA-CHA LOCK FORWARD

2-3 Rock forward on right, recover weight to left

4&5 Step back on right, cross left over right, step back on right

6-7 Rock back on left, recover weight to right

Step left forward, cross right behind left, step left forward

ROCK FORWARD, CHA-CHA LOCK BACK & TOUCH, STEP 1/4 TURN RIGHT, SIDE TOGETHER

2-3 Rock right forward, recover weight to left

4&5 Step back on right, cross left over right, step back on right

&6-7 Step back on left & touch right toe next to left foot, step right foot forward into ¼ turn right

8& Step left to side, step right next to left

REPEAT

TAG

On wall 5 (front wall), after count 32 do the following:

CROSSOVER BREAKS

1-2-3 Step left to side toes turned out, rock right forward & across left, recover weight to left

4&5 Cha-cha side right - right, left, right (toes turned out on last step)

6-7 Rock left forward & across right, recover weight to right

8& Step left to side, step right next to left

Continue from beginning of dance