What A Feeling!



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Mark Cosenza (USA) & Glen Pospieszny (USA)

Musik: What a Feeling - DJ Bobo & Irene Cara



KICK FORWARD, KICK SIDE, ½ TURN SAILOR, PRESS, RELEASE, SIDE TOGETHER SIDE

1-2	Kick forward righ	t. kick side right

3&4 Swing around ½ turn right and step down right, step forward left, step together right

5-6 Press forward left, recover onto right and keep left foot slightly raised

7&8 Step side left, step together right, step side left

FLAMINGO ¾ TURN, ROCK FORWARD AND SIDE, ½ TURN SWEEP & CROSS, POINT TOUCH SIDE

1 Position right knee up and position right ankle against the side of left calf (flamingo position) -

right knee should be bent forward

2 Swing around on ball of left foot ¾ to the left 3&4 Rock forward right, recover left, rock side right

5-6 Sweep left foot around ½ turn to the right (keep weight right)

7-8 Cross left over right, point touch right side right

STEP AND ROLL TWICE, KICK BALL CROSS AND STEP TWICE

1-2	Step down on right, snake roll right
3-4	Step down on left, snake roll left

"Catwalk" kick ball cross: kick right diagonal forward left, step down right, cross forward left
 "Catwalk" kick ball cross: kick right diagonal forward left, step down right, cross forward left

STEP FORWARD AND TOUCH, STEP BACK AND TOUCH, HOP FORWARD & BACK & BACK & FORWARD

1-2	Step forward right, touch left next to right
3-4	Step forward left, touch right next to left

Hop forward diagonal right stepping on right, touch left next to right
Hop back diagonal left stepping on left, touch right next to left

&7 Hop back diagonal right, touch left next to right,&8 Hop forward diagonal left, touch right next left

Easier low impact alternative for counts 5-8: eliminate the touches (the "&" counts) and simply do small hops

REPEAT

TAG

Following wall 10 there will be a 4 count music break. Simply stand in place and do a hip roll around to the right (1/4 to the right for each count). (emulate the same motion as when you work a hula hoop.)