Weekdays

Chorec	•	Wand: 4 (AUS) & Lisa Firth (Monday - Lorrie More	,	
1-4 5-8	•	-	eft behind right, step forward o ht behind left, step forward or	•
00				non, soun nghi
9-10 11-12		d on right, pivot ½ tu urn left-step left to lei	rn left (transferring weight ont ft side, hold	o right)
13-14 15-16		cross in front of left, i right side, hold	rock onto left	
17-18 19-20	•	ross in front of right, eft side, hold	rock onto right	
21-22 23-24		cross in front of left ½ turn left (rotating h	ips to the left taking weight o	n left)
25-26 27-28	•	n right, step back on d on right, hold	left	
29-30 31-32	•	eft side, rock onto rig ross in front of right, l		
33-34 35-36		o right side, rock onto cross in front of left, l		
37-38 39-40		n left, step back on r d on left, hold	ight	
REPEAT	г			

