

# The Way

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Jan Svensen (USA)

Musik: The Way I Mate - Rednex



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## **SIDE SHUFFLE, ROCK, RECOVER, HEEL SWITCHES, TURNING ¼ LEFT**

- 1&2 Step right to right, step left beside right, step right to right  
3-4 Rock back on left, recover on right  
5& Touch left heel forward, step left by right  
6& Touch right heel forward, step right by left  
7&8 Touch left heel forward, step left by right, touch right heel forward

**While doing heel switches you should be turning ¼ left**

## **SIDE SHUFFLE, ROCK, RECOVER, ½ SHUFFLE TURN RIGHT, ROCK, RECOVER**

- 1&2 Step right to right, step left beside right, step right to right  
3-4 Rock back on left, recover on right  
5&6 Make ½ shuffle turn right stepping left, right, left  
7-8 Rock back on right, recover on left

## **HEEL HOOK, SHUFFLE, STEP ½ PIVOT, HOOK, SHUFFLE**

- 1-2 Touch right heel forward, hook right, over left leg  
3&4 Step forward on right, step left by right, step forward on right  
5-6& Step forward on left, ½ pivot right, hook right over left leg  
7&8 Step forward on right, step left by right, step forward on right

## **ROCK FORWARD, ROCK BACK, ROCK FORWARD, ½ SHUFFLE TURN**

- 1-2 Rock forward on left, recover on right  
3-4 Rock back on left, recover on right  
5-6 Rock forward on left, recover on right  
7&8 Make ½ shuffle turn to left stepping left, right, left

**REPEAT**

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