

Wasted

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Audrey Watson (SCO)

Musik: Wasted - Carrie Underwood



SIDE DRAG TOUCH, BALL CROSS SIDE, REVERSE ½ TURN, KICK BALL CROSS

- 1-2 Step right to right/side, drag left towards right touch left next right
- &3-4 Step down on ball of left, cross right over left, step left to left/side
- 5-6 Point right toe back, reverse ½ turn right (weight on right)
- 7&8 Kick left foot forward, step down on left, cross right over left

SIDE DRAG TOUCH, BALL CROSS SIDE, ¼ TURN SAILOR STEP, WALK, WALK

- 1-2 Step left to left/side, drag right towards left touch right next left
- &3-4 Step down on ball of right, cross left over right, step right to right/side
- 5&6 Swing left round behind right turning ¼ left, step right to right/side, step left to left/side
- 7-8 Walk forward on right, left

Restart the dance here on wall 8

CROSS BACK, & BACK, & BACK, BALL CROSS BACK, & BACK, & BACK

- 1-2 Cross right over left, step back on left
- &3&4 Step back on right, touch left next right, step back on left, touch right next left
- &5-6 Step down on ball of right, cross left over right, step back on right
- &7&8 Step back on left, touch right next left, step back on right. Touch left next right

ROCK STEP, STEP LOCK, SHUFFLE, STEP TOUCH, BALL STEP, SWEEP ½ TURN TOUCH

- &1-2 Rock back on left, step forward on right, lock left behind right
- 3&4 Shuffle forward on right, left, right
- 5-6 Step forward on left, touch right next left
- &7-8 Step down on ball of right, step forward on left, sweep right out and round ½ turn left, touch right next left

REPEAT

RESTART

Restart after count 16 on wall 8 when using the Carrie Underwood track
