

Walking Backwards

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Fran Thomas (USA)

Musik: Walking Backwards - Brandon Sandefur



ROCK FORWARD, BACK, FORWARD ON LEFT, TWO STEPS BACK

- 1-4 Rock forward on left, recover on right: rock back on left, recover on right
- 5-6 Rock forward on left, recover on right
- 7-8 Two steps back, left, right

ROCK BACK AND FORWARD ON LEFT, TWO TOE STRUTS BACK

- 1-4 Rock back on left, recover on right; rock forward on left, recover on right
- 5-8 Step back on left toe, left heel back, right toe, heel

LINDY LEFT, LINDY RIGHT

- 1-4 Shuffle to left, rock back on right, recover on left
- 5-8 Shuffle to right, rock back on left, recover on right

JAZZ STEP WITH ¼ TURN LEFT; SWIVEL LEFT, HOLD, CLAP; RIGHT HOLD CLAP

- 1-4 Cross-step left over right; step back onto right; step forward on left making ¼ turn left, step forward on right
- 5-6 Swivel both heels left, hold, clap
- 7-8 Swivel both heels right, hold, clap

REPEAT
