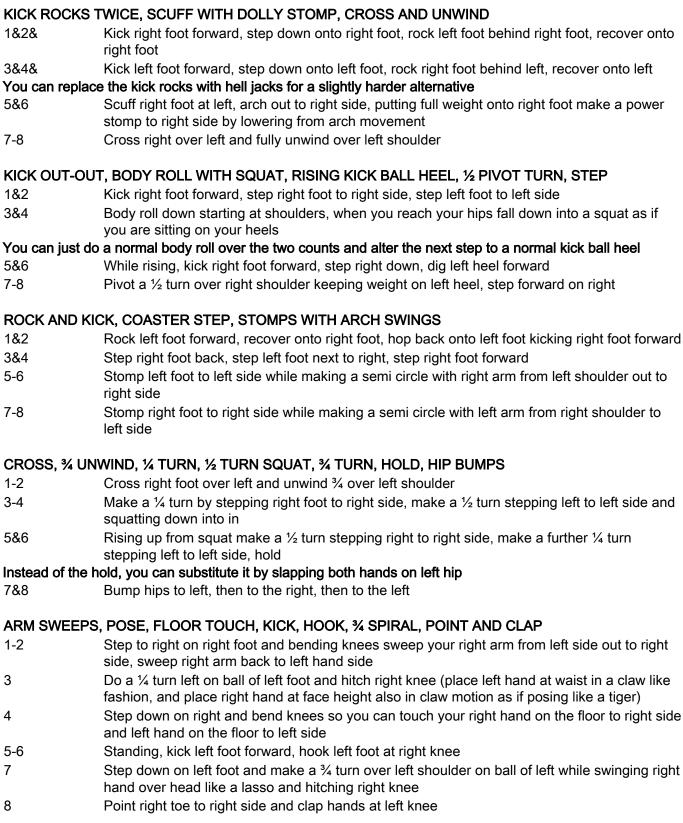
Urban Style Complete

Ebene: Intermediate/Advanced

Count: 112 Choreograf/in: Kash Bane (UK)

Musik: The Call - Backstreet Boys





Wand: 4

The complete dance, however, you can arrange the three pieces in any way you choose

SLIDE, STEP, CROSS, STEP, CROSS HITCH WITH ARMS, BOUNCE, OPEN HITCH WITH ARMS, CROSS, ¾ POINT WITH HAND POINT

- 1-2 Take a large step to right on right foot, slide left foot towards right
- &3-4 Step left foot next to right, cross right over left, step left to left side
- 5&6 Hitch right knee across left (place hands behind head and bring elbows in towards face, bounce on left foot slightly, open up the hitch by pushing knee to left side and open up elbows so they point out to each side)
- 7&8 Cross right foot over left, unwind ¾ over left shoulder, point left toe to left side and point right hand down as if pointing at left knee

STEP, CROSS WITH ROLL-UPS, CHEST POP, STEP WITH CROSS SWINGS, ¼ SWEEP, KICK OUT OUT

- &1&2 Step down on left foot, cross right foot over left while rolling arms up so fists are beside the head with hands closed and wrists acing outward, push chest inward, pop out
- 3-4 Step left foot to left side, and swing arms so left crosses over right at waist level, throw arms down at sides
- 5&6 Reach right arm to right side, swing arm round making a ¼ turn right, hand finishes in front of body
- 7&8 Kick right foot out, step right foot to right side, step left foot to left side

LEAN WITH ARMS, WRAP DOWN, ELVIS ROLLS WITH ½ FLICK, RONDE CROSS, STEP, ½ TURN WITH SHOULDER SHRUGS

- 1 Lean upper body back and push both hands up towards ceiling
- 2 Straightening body, pull arms down and behind head
- 3&4 Roll right knee in towards left leg, roll left knee in towards right leg, do a ¼ turn left and flick right leg backwards, (release hands from behind head at count 4)
- 5&6 Ronde right foot from the flick round and cross over left, step to left on left foot
- 7&8 Do a ¼ turn left on balls of both feet by shrugging shoulder three times

1/2 TURN, 3/4 TURN, SKATES, STEPS WITH ARMS

- 1-2 Get low and swing body down and round making a semi circle motion, as you do this make a ¹/₂ turn over right shoulder on balls of both feet
- 3-4 Cross right over left, unwind ³/₄
- 5-6 Skate forward on right, then left
- 7-8 Step forward on right and roll arms in front of body, hop onto left foot and holding left arm in front of waist, punch right arm behind it so the left is crossed in front of right

KNEE POP WITH ARMS, ELBOW TURN, UPPER BODY ROLL, GRAB, THROW DOWN, ¼ TWIST TURN

- Pop both knees out and place both arms in front of body with palms facing outwards
 On ball of left foot make a ¼ turn right and swing right elbow to right side, (right foot will be
- pointed at front)
- 3-4 Body roll down body from shoulders to upper thighs
- 5 Reach right arm up to left corner as if grabbing something
- 6 Make a ¼ turn left on balls of feet and squat down throwing arm to floor as if you dragged the object down
- 7&8 As you rise, twist upper body left, right left making a ¼ turn left

Close fists and bend elbows so your knuckles join in front of body

RUNNING MAN, STEP, SCUFF, DOUBLE TAP, ½ TURNING SWIVELS

- 1& Jump feet apart, right at forward right diagonal and left at back left diagonal, jump right foot to center and hitch left knee at right leg
- 2& Jump feet apart, left at left forward diagonal and right at back right diagonal, jump left to center and hitch right knee at left leg
- 3&4 Jump feet apart, right at forward right diagonal and left at back left diagonal, jump both feet to center, jump feet apart, right at forward right diagonal and left at back left diagonal
- &5 Step left foot to center, scuff right foot at left
- &6 Tap right foot slightly back, tap right foot further back

7&8 Make a ¹/₂ turn over right shoulder swiveling feet left, right, left

ROCK STEP, JUMP SPLIT, 1/2 TURN HITCH, STEP, CROSS, UNWIND, HITCH, SQUAT

- 1&2 Rock left foot behind right, recover onto right, step left next to right
- 3-4 Jump both feet shoulder width apart, do a half turn on ball of left foot, hitching right knee
- &5-6 Step down on right, cross left over right, unwind a ¹/₂ turn over right shoulder
- 7-8 Hitch right knee, squat down (as if sitting on heels), resting hands on knees for support

OUT CROSS OUT, ¼ HITCH TURNS, FULL TURN, CROSS, STEP, SCUFF

- 1&2 Jump both feet shoulder width apart, jump crossing right over left, jump both feet shoulder width apart
- 3-4 Make a 1/8 turn left hitching right knee, make a 1/8 turn left hitching right knee
- 5-6 Do a full turn stepping right back then left forward (for a harder version add a ronde on the last half turn)
- 7&8 Cross right foot over left, step left to left side, scuff right foot at left

PRESS, PUSH, RIGHT SAILOR, ¼ TURN TAP, KICK, COASTER STEP

- 1-2 Press right foot to right side (put weight onto right leg and lean into it), push off of right leg making a small kick to right side
- 3&4 Cross right foot behind left, step left foot to left side, step right foot to right side
- 5-6 Do a ¼ turn left tapping right foot at left foot, kick left foot forward and hop back slightly on right foot
- 7&8 Step left foot back, close right foot to left, step left foot forward

REPEAT