

# Upside Down!

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Darren "Texas Tornado" Tubridy (UK)

Musik: Bouncin' Off The Ceiling (Upside Down) - A\*Teens



## RIGHT KICK BALL-CROSS TWICE, HIP BUMPS

- 1&2 Sharply kick right foot forward diagonally, step back on ball of right foot, cross left over right  
3&4 Sharply kick right foot forward diagonally, step back on ball of right foot, cross left over right  
5-6 Bump hips right, left  
7&8 Bump hips right, left, right  
9-16 Repeat counts 1-8 to the left

## SAILOR SHUFFLES - TRAVELING BACKWARDS

- 17&18 Step right foot behind left, step left foot to left side, step right foot to right side  
19&20 Step left foot behind right, step right foot to right side, step left foot to left side  
21&22 Step right foot behind left, step left foot to left side, step right foot to right side  
23&24 Step left foot behind right, step right foot to right side, step left foot to left side

## RIGHT ROCK, RIGHT COASTER STEP, LEFT SHUFFLE, WALKS

- 25-26 Rock forward on right foot, recover weight onto left foot  
27&28 Step back on right, step left beside right, step forward on right  
29&30 Shuffle forward on left, right, left  
31-32 Walk forward on right, left, right

## KICK & CROSS, LEFT HEEL TAP, MONTEREY TURN

- 33 Sharply kick left foot diagonally forward  
34&35 Step ball of left back, cross right over left  
36 Step left diagonally forward, tapping left heel  
37-40 Tap left heel 3 times, on the fourth count step left beside right  
41-42 Touch right toe to right side, make a ½ turn right on ball of right foot, step right beside left  
43-44 Touch left toe to left side, touch left beside right

## KICK, OUT OUT, KNEE IN, RIGHT ¼ TURN KICK, SAILOR STEP, CROSS, SIDE ¼ TURN, COASTER STEP

- 45 Sharply kick right foot forward  
&46 Step right diagonally back & out to right, step left to left side  
47 Pop right knee in towards left  
48 Make a ¼ turn right on ball of left foot, kicking right foot diagonally forward  
49&50 Cross right behind left, step left to left side, step right to right side  
51-52 Cross left over right, step right to right side  
53 On ball of right make a ¼ turn left, stepping back on left  
&54 Step right beside left, step forward on left

## WALKS, PIVOT ½ TURN LEFT, RIGHT SHUFFLE, ½ TURN RIGHT, LEFT SHUFFLE

- 55-56 Walk forward on right & left  
57-58 Step forward on right, pivot ½ left  
59&60 Shuffle forward on right, left, right  
61-62 Step forward on left, pivot ½ right  
63&64 Shuffle forward on left, right, left

## REPEAT

## RESTART

During the 2nd wall dance up to step 48, leaving out the kick & start dance again from step 1. This is to make the dance fit in with the music. During the 5th wall (3:00) wall, dance up to step 32 & then add a 4 count tag to bring you round to face the front wall to start the dance again

## TAG

1-2 Touch right foot back, make a  $\frac{1}{2}$  turn right

3-4 Step forward on left foot, make a  $\frac{1}{4}$  turn right

**If using the Shania Twain track, the dance becomes a 2-wall dance without the tags!**

---