

Up Country

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Robbie McGowan Hickie (UK)

Musik: Let's Put the Western Back in the Country - Joni Harms



RIGHT MAMBO FORWARD, LEFT LOCK STEP BACK, 2 X ½ TURNS RIGHT, RIGHT COASTER STEP

- 1&2 Rock forward on right, rock back on left, step right beside left
3&4 Step back on left, lock right across left, step back on left
5-6 Turn half turn right stepping forward on right, turn half turn right stepping back on left

Easier option

- 5-6 Walk back on right, walk back on left
7&8 Step back on right, step left beside right, step forward on right

2 X WALKS FORWARD, SIDE ROCK & CROSS, SIDE, TOGETHER, CHASSE RIGHT

- 1-2 Walk forward on left, walk forward on right
3&4 Rock left to left side, recover weight on right, cross step left over right
5-6 Long step right to right side, slide left beside right, (weight on left)
7&8 Step right to right side, close left beside right, step right to right side

CROSS ROCK & ¼ TURN LEFT, ½ TURN LEFT, BACK, SHUFFLE ½ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT

- 1&2 Cross rock left over right, rock back on right, step left quarter turn left, (facing 9:00)
3-4 On ball of left, turn half turn left stepping back on right, step back on left
5&6 Right shuffle back turning half turn right stepping right, left, right
7-8 Step forward on left, pivot half turn right, (weight on right) (facing 3:00)

SIDE ROCK & CROSS (LEFT & RIGHT), SIDE, TOGETHER, LEFT SHUFFLE FORWARD

- 1&2 Rock left to left side, recover weight on right, cross step left over right,
3&4 Rock right to right side, recover weight on left, cross step right over left
5-6 Long step left to left side, slide right beside left, (weight on right)
7&8 Left shuffle forward stepping left, right, left

REPEAT
