

# Unwind

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Jamie Marshall (USA)

Musik: Bubba Hyde - Diamond Rio



## TOUCH, CROSS, TURN, TURN X 2

- 1-2 Touch right toes to right side, cross right foot in front of left
- 3-4 Turn  $\frac{1}{4}$  turn left, turn  $\frac{1}{4}$  turn right
- 5-6 Touch left toes to left side, cross left foot in front of right
- 7-8 Turn  $\frac{1}{4}$  turn right, turn  $\frac{1}{4}$  turn left

## TOUCH, CROSS, TOUCH, CROSS, TOUCH, HOLD, TOUCH, HOLD

- 1-2 Touch right toes to right side, cross right foot across left
- 3-4 Touch left toes to left side, cross left foot across right
- 5-6 Touch right toes to right side, hold
- &7-8 Step right foot next to left, touch left toes to left side, hold

## PENDULUM STEPS, TOUCH, CROSS, UNWIND

- 1&2& Step left foot next to right, touch right toes to right side, step right foot next to left, touch left toes to left side
- 3&4 Step left foot next to right, touch right toes to right side, touch right foot next to left
- 5-6 Touch right toes to right side, cross right foot in front of left
- 7-8 Unwind  $\frac{1}{2}$  turn left, turn  $\frac{1}{2}$  turn left stepping onto left foot

## GRAPEVINE, STEP, PIVOT, STEP, PIVOT

- 1-2 Step right foot to right side, cross left foot behind right
- 3-4 Step right foot to right side, step left foot next to right
- 5-6 Step right foot forward, pivot  $\frac{1}{2}$  turn left
- 7-8 Step right foot forward, pivot  $\frac{1}{2}$  turn left

## WEAVE, SCUFF TURN X 2

- 1-2 Cross right foot behind left, step left foot to left side
- 3-4 Cross right foot in front of left, step left foot next to right
- 5-6 Scuff right heel forward, step right foot  $\frac{1}{4}$  turn right
- 7-8 Scuff left heel forward, step left foot  $\frac{1}{4}$  turn left

## HEEL SWITCHES, STEP, PIVOT, X 2

- 1&2 Touch right heel forward, step right foot next to left, touch left heel forward
- &3-4 Step left foot next to right, step right foot forward, pivot  $\frac{1}{2}$  turn left
- 5&6 Touch right heel forward, step right foot next to left, touch left heel forward
- &7-8 Step left foot next to right, step right foot forward, pivot  $\frac{1}{4}$  turn left

## REPEAT

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