

Tulsa Hip Swing

Count: 56

Wand: 4

Ebene: Advanced

Choreograf/in: April Rywotycki (AUS)

Musik: The Tulsa Shuffle - The Tractors



- &1 Tap right foot forward, step left in place
&2 Tap right foot to the right side, step left in place
3 Step right foot behind left
&4 Rock step left and right virtually on the spot
&5 Tap left foot forward, step right in place
&6 Tap left foot to the left side, step right in place
7 Step left foot behind right
&8 Rock step right and left virtually on the spot
- &9 Step right to side, lock left behind right
&10 Step right to side, lock left behind right
11 Step right to side
12 Tap left beside right
&13 Step left to side, lock right behind left
&14 Step left to side, lock right behind left
15 Step left to side
16 Tap right beside left
- &17 Tap right foot forward, step left in place
&18 Tap right foot to the right side, step left in place
19 Step right foot behind left
&20 Rock step left and right virtually on the spot
&21 Tap left foot forward, step right in place
&22 Tap left foot to the left side, step right in place
23 Step left foot behind right
&24 Rock step right and left virtually on the spot
- 25 Step forward on the right turning $\frac{1}{4}$ to the left bumping right hip diagonally forward
26 Bump right hip again
27-28 Bump left hip diagonally back twice
29 Step right foot in place turning $\frac{1}{4}$ to the right
30 Step left foot in place turning $\frac{1}{4}$ to the right
31 Step forward on right
32 Step left beside right
- 33-35 Ramble to the right (heels, toes, heels)
36 Hip bump to the right
37-39 Ramble to the left (heels, toes, heels)
40 Hip bump to the left
- 41 Step back on right
42 Hip bump right diagonally back
43 Step back on left
44 Hip bump left diagonally back
45 Step back on right
46 Bump right hip diagonally back ensuring you start in an upright position

- 47&48 Hip bump three more times while progressively sinking lower

- 49 Step forward on left foot
- 50 Brush right to the side
- 51 Step forward on right
- 52 Brush left to side
- 53 Step forward on left
- 54 Brush right to side
- 55 Step right beside left
- 56 Step left in place

REPEAT
