

The Train

Count: 76

Wand: 4

Ebene:

Choreograf/in: Barbara Porter (USA)

Musik: Baby Likes to Rock It - The Tractors



HEEL SWIVELS, HEEL, STEP, HEEL, STEP

- 1 Swivel heels left
- 2 Swivel heels center
- 3 Swivel heels left
- 4 Swivel heels center
- 5 Tap right heel forward
- 6 Step right beside left
- 7 Tap left heel forward
- 8 Step left step beside right

JAZZ BOX WITH ¼ TURN, JAZZ BOX

- 9 Cross right over left
- 10 Step back on left
- 11 Step right on right side turning ¼ right
- 12 Step left beside right
- 13 Cross right over left
- 14 Step back on left
- 15 Step right on right
- 16 Step left beside right

HIP BUMPS

- 17 Bump hips right
- 18 Bump hips right
- 19 Bump hips left
- 20 Bump hips left
- 21 Bump hips right
- 22 Bump hips left
- 23 Bump hips right
- 24 Bump hips left

TOE-HEEL STRUTS, HOP, HOP

- 25 Step forward on right toes
- 26 Step down on right heel
- 27 Step forward on left toes
- 28 Step down on left heel
- 29 Step forward on right toes
- 30 Step down on right heel
- 31 Hop slightly forward
- 32 Hop slightly forward

TOE POINTS

- 33 Tap right toes right
- 34 Touch right beside left
- 35 Tap right toes right
- 36 Step right beside left
- 37 Tap left toes left

- 38 Touch left beside right
- 39 Tap left toes left
- 40 Step left beside right

TOE-HEEL STRUTS BACK, HOP BACK, HOP BACK

- 41 Step back on right toes
- 42 Step down on right heel
- 43 Step back on left toes
- 44 Step down on left heel
- 45 Step back on right toes
- 46 Step down on right heel
- 47 Hop slightly backward
- 48 Hop slightly backward

RIGHT SIDE TAPS, LEFT SIDE TAPS

- 49 Tap right toes right
- 50 Touch right beside left
- 51 Tap right toes right
- 52 Step right beside left
- 53 Tap left toes left
- 54 Touch left beside right
- 55 Tap left toes left
- 56 Step left beside right

SHUFFLE, ROCK, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER

- 57&58 Shuffle forward right, left, right
- 59 Rock forward on left
- 60 Recover back onto right
- 61&62 Shuffle back left, right, left
- 63 Rock back on right
- 64 Recover forward onto left

SHUFFLE, PIVOT ½

- 65&66 Shuffle forward right, left, right
- 67 Step forward on left
- 68 Pivot ½ right

SHUFFLE, STEP, ¼ TURN, STEP, ¼ TURN, CLAP

- 69&70 Shuffle forward left, right, left
- 71 Step forward on right
- 72 Turn ¼ left
- 73 Step forward on right
- 74 Turn ¼ left
- 75 Stomp right beside left
- 76 Clap

REPEAT
