

# Tragic

Count: 0

Wand: 0

Ebene:

Choreograf/in: David J. McDonagh (WLS)

Musik: Tragedy - Steps



Sequence: ABC, ABD, BD

72-count lead in from beginning of track (35 seconds approx.)

## PART A

### & SWING, & SWING, HIPS TWICE

- & Swing right to right side so your foot is now off the ground
- 1 Step right beside left
- & Swing left to left side so your foot is now off the ground
- 2 Step left beside right
- 3&4 Bump hips right-left-right while pumping shoulders down-up-down
- & Swing left to left side so your foot is now off the ground
- 5 Step left beside right
- & Swing right to right side so your foot is now off the ground
- 6 Step right beside left shoulder width apart
- 7&8 Bump hips left-right-left while pumping shoulders down-up-down

### KICK BALL CHANGE, & SLIDE TWICE

- 9& Kick right forward, step right beside left
- 10 Step left beside right
- & Step right to right side
- 11-12 Slide left beside right over 2 counts (weight still on right)
- 13& Kick left forward, step left beside right
- 14 Step right beside left
- & Step left to left side
- 15-16 Slide right beside left over 2 counts (weight still on left)

### RIGHT VINE TWICE

- 17-18 Step right to right side, cross left behind right,
- 19 Step right to right side while turning a  $\frac{1}{4}$  right
- 20 Step left beside right
- 21-24 Repeat steps 17-20 in PART A

### POINT RIGHT, POINT LEFT, $\frac{1}{2}$ TURN, WALKS

- 25-26 Point right toe to right side, step right beside left
- 27 Point left toe to left side
- 28 Unwind  $\frac{1}{2}$  a turn left (legs should end crossed)
- 29-32 Walk forward left-right-left, touch right toe beside left

### REPEAT ABOVE STEPS

- 33-64 Repeat steps 1-32 in PART A

### DELAYED HANDS

- 65-70 Over 6 counts, in a robotic movement slightly pausing after each beat, bring both of your hands upwards so they end up next to your ears

## PART B (TRAGEDY)

### HIP BUMPS & HAND WORK

**Make sure your hands are by your ears to start this section even though you have missed out the "delayed hands" in some sections**

1&2& Bump your hips right-left-right-left

3&4 Continue bumping your hips right-left-right

**While doing steps 1-4 in PART B, your hands are next to your ears**

5 Raise right arm into the air, tilted to the right

6 Raise left arm into the air, tilted to the left (both arms are now in the air)

7 Bring both hands to your heart

8 Extend both arms forward with palms facing upwards

#### **HAND WORK, OUT-OUT-IN-TOUCH**

9-12 Repeat steps 1-4 in PART B (then while doing step 13 drop arms)

13-14 Step right to right side, step left to left side

15-16 Step right to centre, touch left toe beside right

#### **LEFT TOGETHER, LEFT TOUCH, RIGHT TOGETHER, RIGHT TOUCH**

17-18 Step left to left side, slide right next to left

19-20 Step left to left side, slide right next to left (with weight ending on left)

21-22 Step right to right side, slide left next to right

23-24 Step right to right side, slide left next to right (with weight ending on both feet)

**While doing step 17, bend your left arm left with palm facing upwards as you place right hand onto right hip.**

**On step 18 bend arms in front of you palms facing up. Repeat the 17-18 handwork for steps 19-20, then repeat 17-18 handwork but this time reverse the handwork and do it on counts 21-24**

#### **HAND WORK / HEAD WORK, SHOULDER PUMPS**

25-26 Extend right arm forward twice

27 Swing right arm to right side

& Turn head a ¼ turn to the right

28 Turn head a ¼ turn to the left

29& With right arm still extended, pump your left shoulder down-up

30-32 Repeat steps 29& twice, then on last count(32) pump your left shoulder down

**While doing steps 29-32, lean to left side**

#### **REPEAT ABOVE STEPS**

33-64 Repeat steps 1-32 in PART B

#### **RIGHT SHUFFLE, REVERSE COASTER STEP**

65& Step right forward, step left next to right

66 Step right forward

67& Step left forward, step right next to left

68 Step left back

69& Step right back, step left next to right

70 Step right back

71& Step left back, step left next to right

72 Step left forward

#### **REPEAT ABOVE STEPS**

73-80 Repeat steps 65-72 in PART B

#### **TOE-TOE-TOE-BALL CHANGE**

81& Touch right toe forward, step right next to left

82& Touch left toe forward, step left next to right

83& Touch right toe forward, step right next to left

84 Step left next to right

Note: While doing steps 81-84 turn a ¼ turn right

## REPEAT ABOVE STEPS

85-88 Repeat steps 81-84 in PART B

You should now be facing 6:00 wall

## WALK BACK, RIGHT SHUFFLE, LEFT SHUFFLE

- 89-92 Walk back right-left-right-left  
93& Step right forward, step left next to right  
94 Step right forward  
95& Step left forward, step right next to left  
96 Step left forward

## STOMP-STOMP, HEELS-TOES-HEELS, STOMP-STOMP, HEELS-TOES-HEELS

- 97 Stomp right forward  
98 Stomp left slightly back directly behind right foot  
99 Swivel right heel & left toe to left  
& Swivel right toe & left heel to left  
100 Swivel right heel & left toe to left

You should be traveling left on steps 99-100

- 101 Stomp right forward to right diagonal  
102 Stomp left forward shoulder width apart  
103& Swivel both heels in, swivel both toes in  
104 Swivel both heels to centre ending with feet side by side

## PART C

### SHOULDER PUSHES

The following steps are done with fists clenched

- 1 Step right forward and lean forward as you push right shoulder down  
& Push left down and right shoulder up  
2 Push right shoulder down and left shoulder up  
3 Lean back as you push left down  
& Push right shoulder down and left shoulder up  
4 Push left down and right shoulder up  
5 Step right back and lean back as you push right shoulder down  
& Push left down and right shoulder up  
6 Push right shoulder down and left shoulder up  
7 Lean forward as you push left down  
& Push right shoulder down and left shoulder up  
8 Push left down and right shoulder up

## STEP ½ TURN, RIGHT SHUFFLE, LEFT SHUFFLE, STEP-STEP

- 9-10 Step right forward, pivot ½ a turn left  
11& Step right forward, step left next to right  
12 Step right forward  
13& Step left forward, step right next to left  
14 Step left forward  
15 Step right forward to right diagonal  
16 Step left next to right shoulder width apart

## PART D

### STEP ½ TURN, RIGHT SHUFFLE, LEFT SHUFFLE, STEP-STEP

- 1-2 Step right forward, pivot ½ a turn left  
3& Step right forward, step left next to right  
4 Step right forward  
5& Step left forward, step right next to left

- 6 Step left forward
  - 7 Step right forward to right diagonal
  - 8 Step left next to right shoulder width apart.
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