The Tobermory Swing



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Gail Tako (CAN)

Musik: The Swing - James Bonamy



The dance starts when the artist begins his lyrics (on 25th count). Finish the dance by repeating Counts 25-32 at the end of the song.

PENDULUM SWINGS

Point right toe to the right side, step right foot home beside left
Point left toe to the left side, step left foot home beside right
Point right toe to the right side, step right foot home beside left

4 Point left toe to the left side

CROSS OVER, UNWIND, SHUFFLE

5-6 Cross left foot over right, unwind ½ to the right (weight on left)

7&8 Shuffle forward right-left-right

ROCK STEP, SCISSOR SPLIT, ROCK STEP

9& Rock forward left, rock back home on right

10 Step back on left while touching right heel forward

&11 Step back home on right, rock forward left

&12 Step back home on right, step left foot home beside right

HEEL AND BODY TWISTS

With weight on balls of both feet, twist heels right (body left), twist heels left (body right)

Twist heels right (body left), twist heels left (body right), twist ½ turn left with body (heels will

twist right again) ending with weight on left foot

ROCKING BODY SWAYS

17-18 Rock right foot to right side while swaying body to right side, rock left and sway body to left

side

19-20 Rock right and sway body to right side, rock left and sway body to left side

ROCK STEP, COASTER STEP

21-22 Rock forward right, rock back home on left

23&24 Step back right, step left together with right, step forward with right

HERRINGBONE VINES

Step left foot to left side, cross right behind left
Step left foot to left side, cross right behind left
Step left foot to left side, cross right behind left
Step left foot to left side, touch right heel forward
Step right foot to right side, cross left behind right
Step right foot to right side, cross left behind right
Step right foot to right side, touch left heel forward

& Step left home beside right

REPEAT