

# Timeless Rock 'n' Roll

**COPPERKNOB**  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Johnny S. (UK)

Musik: Old Time Rock 'N' Roll - Status Quo



## HEEL-TOE STRUTS FORWARD

1-2 Step right toe forward, step right heel to floor

3-4 Step left toe forward, step left heel to floor

5-8 Repeat counts 1-4 above

Do these steps with attitude/fun. For styling the first 8 counts can be done with knee-pops as you travel forward. The more adventurous can also try one or two forward rolling grapevines!

## BOUNCE HEELS RIGHT & LEFT, HEEL SWIVELS

1-4 Bounce both heels to right twice, bounce both heels to left twice

5-8 Swivel both heels right, left, right, center

Moving down and up during counts 5-8

## KICK, ¼ TURN LEFT WITH BACK KICK, KICK-BALL-CROSS, CHASSE, ROCK-STEP

1-2 Kick right foot forward, on ball of left make ¼ turn left - while kicking right foot back

3&4 Kick right foot forward, step right foot in place, step left across in front of right foot

5&6 Step right foot to right side, step left beside right, step right to right side

7-8 Rock left foot back behind right, replace weight back onto right

## KICK, ½ TURN RIGHT WITH BACK KICK, KICK-BALL-CROSS, CHASSE, ROCK-STEP

1-2 Kick left foot forward, on ball of right make ½ turn right - while kicking left back

### Alternate steps:

1-2 Step left foot forward, pivot ½ turn right

3&4 Kick left foot forward, step left in place, step right across in front of left

5&6 Step left foot to left side, step right beside left, step left to left side

7-8 Rock right foot behind left, replace weight back onto left

**REPEAT**

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