

Time & Change

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Annette Latimer (UK)

Musik: Rockin' Pneumonia - Ronnie McDowell



RIGHT SIDE, LEFT BEHIND & LEFT CROSS, RIGHT SIDE, LEFT ROCK, LEFT STEP SLIDE

- 1-2 Step right to right side, left step behind right
3-4 Step right to right side, cross step left over in front of right, step right to right side
5-6 Rock step left behind right, rock onto right in place
7-8 Step left a big step to left side, slide right beside left

LEFT SIDE, RIGHT BEHIND, & RIGHT CROSS, LEFT SIDE, RIGHT ROCK, RIGHT STEP SLIDE

- 9-10 Step left to left side, cross step right behind left
&11-12 Step left to left side, cross step right over in front of left, step left to left side
13-14 Rock step right behind left, rock onto left in place
15-16 Step right a big step right side, slide left beside right

HEEL SWITCHES X4, & STEP ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT

- 17&18 Touch right heel forward, step right beside left, touch left heel forward
19&20 Step left beside right, touch right heel forward, step right beside left, touch left heel forward
&21-22 Step left beside right, step right foot forward, pivot ½ turn left
23-24 Step right forward, pivot ¼ left, (weight ends on left foot)

SYNCOPATED JUMPS WITH DOUBLE CLAPS FORWARD AND BACK

- &25&26 Jump forward landing right foot before left shoulder width apart, clap hands twice
&27&28 Jump back landing right foot before left shoulder width apart, clap hands twice
&29&30 Repeat steps &25&26
&31&32 Repeat steps &27&28

REPEAT
