

# The Tide Is High

Count: 0

Wand: 4

Ebene: Intermediate

Choreograf/in: Steffi (UK)

Musik: The Tide Is High - Atomic Kitten



Sequence: AAA, B, AA, B, A, C, AAAA

## PART A

### SIDE, BEHIND, STEP, IN FRONT, STEP, RECOVER, CROSS SHUFFLE, STEP

- 12 Step right to right side, step left behind right  
&3&4 Step right to right side, cross left in front of right, rock right to right side, recover left to left side  
6&7 Cross right in front of left, step left to left side, cross right in front of left  
8 Step left to left side

### POINT RIGHT, POINT LEFT, LEFT COASTER STEP, RIGHT JAZZ BOX WITH TOUCH

- 1&2 Point right toe to right side, step right next to left, point left toe to left side  
3&4 Step left back, step right next to left, step left forward  
5&6 Cross right over left, step back on left  
7&8 Step right in place, touch left toe on floor in front of right foot

When touching left toe in front of right, angle body to right, keeping head & feet facing front

### LEFT SHUFFLE FORWARD, STEP ½ PIVOT TURN LEFT, CROSS SIDE RECOVER, CROSS SIDE RECOVER

- 1&2 Step forward left, step right next to left, step forward on left  
3&4 Step right forward, ½ pivot turn left  
5&6 Cross right over left, step left to left side, recover right to right side  
7&8 Cross left over right, step right to right side, recover left to left side

Travel forward on the cross side recovers

### CROSS SHUFFLE, SIDE, RECOVER, BEHIND, SIDE, STEP ¼ RIGHT, STEP BACK ½ RIGHT, STEP

- 1&2 Cross right in front of left, step left to left side, cross right in front of left  
3&4 Rock left, recover right in place  
5&6 Step left behind right, step right in place, step left to left side making ¼ turn right  
7&8 Step back on right making ½ turn right, step forward on left

## PART B

### SIDE, RECOVER, CROSS SHUFFLE, SIDE, RECOVER, CROSS SHUFFLE, POINT & POINT, COASTER STEP, STEP ½ TURN, STEP ½ TURN

- 12 Rock right to right side, recover weight on left  
3&4 Cross right over left, step left to left side, cross right over left  
5&6 Rock left to left side, recover weight on right  
7&8 Cross left over right, step right to right side, cross left over right  
9&10 Point right toe to right side, step right in place, point left to left side  
11&12 Step back on left, step right next to left, step forward on left  
13&14 Step right forward, ½ pivot turn left, weight ends on left  
15-16 Step right forward ½ pivot turn left, weight ends on left

## PART C

### POINT, HOLD, & POINT & POINT

- 12 Point right to right side, hold  
&3&4 Step right in place, point left to left side, step left in place, point right to right side

