

Through The Grapevine

Count: 32

Wand: 0

Ebene:

Choreograf/in: Nosmo King (UK)

Musik: I Heard It Through the Grapevine - Marvin Gaye



STEP TURN, STEP TURN, BACK ROCK, ROCK & CROSS

- 1-2 Step forward on right, touch left in place with $\frac{1}{4}$ turn right
- 3 Making a $\frac{1}{4}$ turn left step forward on left
- 4 Touch right in place with a $\frac{1}{4}$ turn left
- 5-6 Rock back on right, rock on left
- 7&8 Rock right to right, & step left in place, cross right over left

LAZY VINE, LEFT COASTER STEP

- 1-2 Step left to left, slide right behind left
- 3-4 Touch left in place, step left to left
- 5-6 Slide right behind left, touch left in place
- 7&8 Coaster step, left back, right together, left forward

On steps 3 and 6, for styling add with elbows bent bring back into body

GRAPEVINE RIGHT, HEEL JACKS

- 1-2 Step right to right, step left behind
- 3-4 Step right to right, touch left to side of right
- &5 Step back on left, touch right heel forward
- &6 Step right in place, touch left toe to right heel
- &7 Step back on left, touch right heel forward
- &8 Step right in place, touch left toe to right heel

STEP $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN SHUFFLE, MAMBO STEP, SHUFFLE

- 1-2 Step forward on left, $\frac{1}{2}$ turn to right on right
- 3&4 $\frac{1}{2}$ turn shuffle to right, on left, right, left
- 5&6 Step back on right, step forward on left, step right in place
- 7&8 Step forward on left, & step right in place, step forward on left

REPEAT

TAG

Danced once at the end of wall six

GRAPEVINE RIGHT, HEEL JACKS

- 1-2 Step right to right, step left behind
 - 3-4 Step right to right, touch left to side of right
 - &5 Step back on left, touch right heel forward
 - &6 Step right in place, touch left toe to right heel
 - &7 Step back on left, touch right heel forward
 - &8 Step right in place, touch left toe to right heel
- 9-16 Dance a mirror image of those 8 counts (left vine with left heel jacks)