

# Thong Dance

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Charlotte Williams (USA)

Musik: Thong Song - Sisqó



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## **RIGHT SIDE STEP, HOLD, LEFT QUICK STEP, RIGHT SIDE STEP, LEFT QUICK STEP, RIGHT SIDE STEP; HEEL BOUNCES, TURNING LEFT ¼; KICK LEFT (JAZZ KICK)**

- 1-2 Step right to right, hold  
&3&4 Quick step left next to right, step right to right, quick step left next to right, step right to right  
5-7 Bounce on heels turning left ¼  
8 Kick left (jazz kick) pushing hands out and leaning back on right

## **LEFT STEP FORWARD, BUMPING HIPS LEFT & LEFT, RIGHT STEP FORWARD, BUMPING HIPS RIGHT & RIGHT, LEFT STEP FORWARD, BUMPING HIPS LEFT & LEFT, RIGHT SAILOR, TURNING RIGHT ¼**

- 1&2 Step left forward, bumping hips left & left  
3&4 Step right forward, bumping hips right & right  
5&6 Step left forward, bumping hips left & left  
**You are leaning back and raising arms in air while bumping hips**  
7&8 Step right behind left turning ¼ to right, step left to left, step right slightly forward

## **SMALL STEP FORWARD ON LEFT, BUMPING HIPS UP & DOWN (LEFT & LEFT); ROCK STEP; RIGHT SCUFF & CROSS LEFT SCUFF & CROSS**

- 1&2 Small step forward on left, bumping hips up and down (left & left)  
3-4 Rock back on right, forward on left  
5-6 Scuff right, cross (step) in front of left  
7-8 Scuff left, cross (step) in front of right

## **RIGHT SIDE ROCK, CROSS AND CROSS; LEFT SIDE ROCK, LEFT TRIPLE, TURNING LEFT ¾**

- 1&2 Rock right to right side, recover weight on left  
3&4 Cross right over left, step ball of left to left, cross right over left  
5-6 Rock left to left side, recover weight on right  
7&8 Step left, right, left (triple) turning ¾ to left

**REPEAT**

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