

Third Rock

Count: 32

Wand: 4

Ebene: Advanced

Choreograf/in: Gretchen Kramer

Musik: Third Rock from the Sun - Joe Diffie



RIGHT AND LEFT TOE HEELS

- 1-2 Touch right toe to side, touch right heel forward
- 3-4 Step together right foot, touch left heel forward
- 5& Touch left toe to side, step left foot together
- 6& Touch right toe to side, touch right heel forward
- 7-8 Step right together with left, touch left heel forward

LEFT TOE BACK & ¼ LEFT, MORE TOE AND HEELS, THEN KNEE SWIVELS

- 9-10 Touch left toe back, turn ¼ left taking weight on left,
- 11&12 Touch right heel forward, step right together, touch left toe to side,
- 13&14 Touch left heel forward, step left together, touch right toe to side,
- 15-16 Knee swivel in & out

¼ RIGHT, ROCK BACK LEFT & FORWARD RIGHT, SHUFFLE

- 17-18 Step right while turning ¼ right, touch left together
- 19-20 Rock back on left lifting right foot, rock forward on right.
- 21&22 Shuffle forward left,
- 23-34 Step forward right, pivot ½ left shifting weight to left (a.k.a. Military turn)

SHUFFLE RIGHT AND LEFT, FORWARD RIGHT, ½ TURN LEFT, AND ¾ TURN LEFT

- 25&26 Shuffle forward right
- 27&28 Shuffle forward left,
- 29-30 Step forward right, pivot ½ military turn left,
- 31-32 Step forward right and pivot ¾ to left, step left

REPEAT
