Then & Now

Count: 32	**Wand:** 2	**Ebene:** Intermediate	

Choreograf/in: Violet Ray (USA)

Musik: I Can Laugh At It Now - Dion

KICK BALL CROSS (2X), ROCK FORWARD & BACK, ¼ RIGHT SIDE SHUFFLE

1&2	Kick right foot forward, bring weight back to ball of right foot, cross left foot over right foot
3&4	Kick right foot forward, bring weight back to ball of right foot, cross left foot over right foot
5-6	Rock forward on right foot, recover weight on left foot
7&8	Make ¼ turn to right, stepping on right foot, step left foot next to right foot, step right foot to the side of left foot

ROCK FORWARD & BACK, ½ LEFT TURNING TRIPLE, ROCK FORWARD, FLICK, SAILOR SHUFFLE

1-2	Rock forward on left foot, recover weight on right foot
3&4	Make ¼ turn to left, stepping on left foot, step right foot next to left foot, make ¼ turn to left, stepping on left foot
5-6	Rock forward on right foot, recover weight on left foot and at the same time flick (small kick) right foot forward
7&8	Cross right foot behind left foot, step left foot to the side of right foot, recover weight on right foot

¼ LEFT SAILOR SHUFFLE, CROSS & CROSS, ¼ RIGHT COASTER STEP, ¼ RIGHT STEP & POINT

1&2	Turning ¼ to left, cross left foot behind right foot, step right foot to the side of left foot, recover weight on left foot
3&4	Cross right foot over left foot, step left foot to side of right foot cross right foot over left foot
5&6	Make ¼ turn to right, stepping back on left foot, step right foot beside left foot, step left foot forward
7-8	Make ¼ turn to right, stepping on right foot, point left foot to side of right foot

CROSS & POINT (2X), STEP POINT, CROSS BEHIND, ½ TURNING TRIPLE

1-2	Cross left foot over right foot, point right foot to side of left foot
3-4	Cross right foot over left foot, point left foot to side of right foot
&5	Step left foot beside right foot, point right foot to side of left foot
6	Cross right foot behind left foot
7&8	Make ¼ turn to left stepping on left foot, step right foot next to left foot, make ¼ turn to left stepping on left foot

REPEAT