Tender Heart



Count: 56 Wand: 1 Ebene: Intermediate

Choreograf/in: The Dynamic Duo (UK)

Musik: Tender Heart - Lionel Richie



ROCK, RECOVER, SIDE SHUFFLE, CROSS UNWIND, SHUFFLE

1-2	Rock right over left,	recover on left
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3&4 Step right to right, step left by right, step right to right

5-6 Cross left over right, unwind \(^3\)4 turn right

7&8 Step forward on left, step right by left, step forward on left

ROCK, RECOVER, COASTER STEP, STEP 1/2 PIVOT TWICE

9-10	Rock forward on right, recover on left	

11&12 Step back on right, step left by right, step forward on right

13-14 Step forward on left, make ½ pivot right 15-16 Step forward on left, make ½ pivot right

ROCK, RECOVER, SIDE SHUFFLE, CROSS UNWIND, SHUFFLE

17-18	Rock left over right, recover	on right

19&20 Step left to left, step right by left, step left to left

21-22 Cross right over left, unwind ¾ turn left

Step forward on right, step left by right, step forward on right

ROCK, RECOVER, COASTER STEP, STEP 1/2 PIVOT TWICE

25-26	Rock forward on left,	recover on right
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27&28 Step back on left, step right by left, step forward on left

29-30 Step forward on right, make ½ pivot left 31-32 Step forward on right, make ½ pivot left

SLIDE STEPS (MOVING SLIGHTLY FORWARD)

33-34	Slide right slightly forward to right, slide left by right
35-36	Slide left slightly forward to left, slide right by left
37-38	Slide right slightly forward to right, slide left by right
39-40	Slide left slightly forward to left, slide right by left

MAMBO STEPS, STEP ½ PIVOT SHUFFLE

41&42	Rock forward on right, recover on left, step back on right
43&44	Rock back on left, recover on right, step forward on left

45-46 Step forward on right, make ½ pivot left

47&48 Step forward on right, step left by right, step forward on right

MAMBO STEPS, STEP 1/2 PIVOT SHUFFLE

51&52	Rock back on right, recover on left, step forward on right
49&50	Rock forward on left, recover on right, step back on left

53-54 Step forward on left, make ½ pivot right

55&56 Step forward on left, step right by left, step forward on left

REPEAT