

# Tell Me Mama

**COPPER KNOB**  
BY STEPHEN BATES

**Count:** 32

**Wand:** 2

**Ebene:** Improver line/contra dance

**Choreograf/in:** Rick Bates (USA) & Deborah Bates (USA)

**Musik:** Before You Accuse Me - Delbert McClinton



## **FORWARD SHUFFLES, STEP, KICK, STEP BACK, PIVOT**

- 1&2 Shuffle forward (right, left, right)  
3&4 Shuffle forward (left, right, left)  
5-6 Step forward on right foot; kick left foot forward and slap hands with persons on either side of you  
7-8 Step back on ball of left foot; pivot ½ turn to the left on balls of both feet and shift weight to left foot

## **MILITARY PIVOT TO THE LEFT, FORWARD SHUFFLE, TURNING SHUFFLE, ROCK STEP**

- 9-10 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

### **Contra lines switch sides in this section**

- 11&12 Shuffle forward (right, left, right)  
13&14 Shuffle forward (left, right, left) making a ½ turn to the right on these steps  
15-16 Step back on right foot; rock forward onto left foot

## **TOE TOUCHES, MONTEREY TURN, MILITARY PIVOT TO THE LEFT**

- 17-18 Touch right toe forward and diagonally to the right; touch right toe forward and diagonally to the left  
19-20 Touch right toe to the right; pivot ½ turn to the right on ball of left foot and step right foot next to left  
21-22 Touch left toe to the left; step left foot next to right  
23-24 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

## **STATIONARY KNEE POPS, FULL TURN TO THE RIGHT, ROCK STEP**

- 25-26 With feet in place and weight on left foot, raise right heel and bend (pop) right knee slightly forward; rock back onto right heel and straighten right knee  
27-28 With feet in place and weight on left foot, raise right heel and bend (pop) right knee slightly forward; rock back onto right heel and straighten right knee  
& Rock forward onto ball of right foot and shift weight to left foot  
29-30 Step back on right foot and begin a full turn to the right traveling back; step on left foot and complete full traveling turn to the right  
31-32 Step back on right foot; rock forward onto left foot

## **REPEAT**

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