

# Take These Chains

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Julie Humphreys

Musik: Take These Chains from My Heart - Lee Roy Parnell



## CHASSE RIGHT, LEFT ROCK BACK, CHASSE LEFT, RIGHT ROCK BACK

- 1&2 Side step right, close left together, side step right  
3-4 Rock left behind right, recover weight onto right  
5&6 Side step left, close right together, side step left  
7-8 Rock right behind left, recover weight onto left

## CHASSE RIGHT, ½ TURN LEFT, CHASSE LEFT, RIGHT ROCK, CHASSE RIGHT

- 9&10 Side step right, close left together, side step right  
11&12 ½ turn to left, side step left, close right together, side step left  
13-14 Rock right behind left, recover weight onto left  
15&16 Side step right, close left together, side step right

## HEEL BALL ¼ TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT ROCK, TRIPLE ½ TURN

On vocals when Lee Roy start to sing "Take these chains" you should be doing the "left heel ball ¼ turn", if you have started the dance after 16 counts

- 17&18 Tap left heel forward, step left in place, step forward on right making a ¼ turn right  
19&20 Step forward on left, close right beside left, step forward on left  
21-22 Rock forward on right, recover weight onto left  
23&24 Triple step ½ turn to right (right-left-right)

## LEFT ROCK, LEFT SHUFFLE BACK, RIGHT ROCK, ½ PIVOT LEFT

- 25-26 Rock forward on left, recover weight onto right  
27&28 Step back on left, step right beside left, step back on left  
29-30 Rock back on right, recover weight onto left  
31-32 Step forward on right, pivot ½ turn left

**REPEAT**

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