

# Take Control

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Talisa Jarrett (UK)

Musik: Take Control - Jaimeson



## **SIDE CLOSE, SIDE CLOSE SIDE, CROSS MAMBOS TWICE**

- 1-2 Step right foot to right side, step left foot next to right  
3&4 Step right foot to right side, close left next to right, step right to right side  
5&6 Rock left foot behind right, recover on right, step left to left side  
7&8 Rock right foot behind left, recover on left, step right to right side

## **SIDE, BEHIND, SYNCOPATED CROSS TWICE, POINT, CROSS, UNWIND, HOLD**

- 1-2 Step left foot to left side, step right foot behind left  
&3 Step down on left foot and cross right foot over left  
&4 Step down on left foot and cross right foot behind left  
5-6 Point left toe to left side, cross left toe over right  
7&8 Unwind ½ turn over right shoulder, hold for one beat while clapping hands twice

## **TOE HEEL TOUCH, COASTER STEP, BACK ROCK, ROCK AND CROSS**

- 1&2 Touch right toe forward, touch right heel forward, touch right toe in place  
3&4 Step back on right foot, step back on left, step right foot forward  
5-6 Rock back on left foot, recover on right  
7&8 Rock left foot to left side, step down on right and cross left over right

## **GRAPEVINE RIGHT WITH TOUCH, ROLLING VINE LEFT WITH TOUCH**

- 1-2 Step right to right side, cross left behind right  
3-4 Step right to right side, touch left next to right  
5-6 Turn ¼ turn left stepping on left, turn ½ turn left stepping back on right  
7-8 Turn ¼ turn left stepping on left, touch right next to left

## **HEEL SWITCHES, HOLD, HIP BUMPS, SIDE CLOSE SIDE**

- 1&2 Extend right toe to right side, switch left toe to left side  
&3 Extend right toe to right side  
&4 Hold for one beat while clapping hands twice  
5-6 Bump right hip to right side, bump left hip to left side  
7&8 Step right to right side, step left next to right, step right to right side

## **CROSS AND HEEL, CROSS, UNWIND, SYNCOPATED JUMP, HOLD, BUMP HIPS**

- 1&2 Cross left foot over right, step down on right, extend left heel to left side  
&3 Step down on left foot, cross right over left  
4 Unwind ½ turn over left shoulder  
&5 Syncopated jump back stepping back on right, back on left  
6 Hold for one beat while clapping hands once  
7&8 Bump hips to right side, left side, right side

## **BEHIND SIDE CROSS, SIDE, TURN, COASTER STEP, ROCK AND CROSS**

- 1&2 Step left foot behind right, step right to right side, cross left over right  
3-4 Step right foot to right side, turn ¼ left stepping back on left  
5&6 Step back on right, step back on left, step forward on right  
7&8 Rock left foot to left side, recover on right, cross left over right

**BOOGIE WALKS, CROSS BACK SIDE, CROSS TURN STEP, COASTER STEP**

- 1-2 Walk forward on right foot, left foot (with attitude)
- 3&4 Cross right foot over left, step back on left, step right to right side
- 5-6 Cross left foot over right, turn  $\frac{1}{4}$  left stepping back on right
- 7&8 Step back on left foot, step back on right, step left forward

**REPEAT**

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