

# T-Girl

Count: 32

Wand: 2

Ebene: Beginner west coast swing

Choreograf/in: Christine Bass (USA) & Terry Pournelle (USA)

Musik: Tennessee Girl - Sammy Kershaw



## RIGHT KNEE ROLLOUT, LEFT KNEE ROLLOUT, KICK-BALL-CHANGE, RIGHT KNEE ROLLOUT, LEFT KNEE ROLLOUT, KICK-BALL-CHANGE

- 1-2-3&4 Right knee roll out (to the right) (weight left), left knee rollout (to the left) (weight left), kick forward right, step down on ball of right, change weight to left
- 5-6-7&8 Repeat 1-2-3&4

## RIGHT SAILOR STEP MOVING BACKWARDS, LEFT SAILOR STEP MOVING BACKWARDS, SKATE RIGHT, SKATE LEFT, TRIPLE RIGHT DIAGONAL

- 1&2 Step right behind left (moving slightly back) (extended 5th position heel to toe), side step left (moving slightly back) side step right (moving slightly back)
- 3&4 Step left behind right (moving slightly back) (extended 5th position), side step right, (moving slightly back) side step left
- 5-6-7&8 Slide right foot diagonal right, slide left foot diagonal left, triple right, left, right

## LEFT ROCK RECOVER, TRIPLE ½ TURN LEFT-RIGHT-LEFT, RIGHT JAZZ BOX

- 1-2 Rock forward on left, recover on right
- 3&4 Turn ¼ over left shoulder step left, turn ¼ over left shoulder step right, step left forward
- 5-8 Step right over left, step back left, side step right, step forward left

## STEP RIGHT, POP KNEE, STEP, BRUSH, STEP LEFT, POP KNEE, STEP, BRUSH

- 1-4 Step forward right, slide left foot up to right stepping on left, popping right knee, step right forward, brush left
- 5-8 Step forward left, slide right foot up to left stepping on right, popping left knee, step left forward, brush right

## REPEAT

## TAG

At the end of the 2nd wall, do the following:

### RIGHT JAZZ BOX ¼, SKATE, SKATE TRIPLE RIGHT DIAGONAL

- 1-4 Step right over left, step back left, turn ¼ right step right to right side, step forward left
- 5-6-7&8 Slide right foot diagonal right, slide left foot diagonal left, right diagonal triple right, left, right

### LEFT JAZZ BOX ¼, SKATE, SKATE TRIPLE LEFT DIAGONAL

- 1-4 Step left right over, step back right, turn ¼ left step left to left side, step forward right
- 5-6-7&8 Slide left foot diagonal left, slide right foot diagonal right, left diagonal triple left, right, left

## ENDING

At the end of the 8th wall, insert the previous 8 counts (knee pops). Then step forward right, slide left foot up to right, stepping on left, popping right knee, step right forward, brush