

# Syncopated Swing

Count: 32

Wand: 2

Ebene: Intermediate/Advanced

Choreograf/in: Pete Burdack (USA)

Musik: This Is How a Heart Breaks - Rob Thomas



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## WALK WALK, POINT BALL CROSS, SWEEP LEG, POINT BALL CROSS

- 1-2 Weight on right walk back left then back right
- 3&4 Point left foot to the left, bring left foot slightly in and cross right over left
- 5-6 Sweep left foot from behind around directly in front without weight
- &7&8 Rock back on right, point left foot forward with little weight, bring left slightly in with weight and cross right over left while quarter turning to the right

## TURN STEP, COASTER STEP, SIDE BEHIND, SLIDE BALL CROSS

- 1-2 Step left with left while quarter turning to the right then step back on the right
- 3&4 Step back on the left, together with the right, step forward on the left
- 5-6 Step forward with a quarter turn with the right foot, step left foot behind right
- 7&8 Push off left foot and slide on right, step left ball behind right, and cross right foot over left

## SIDE ROCK, BEHIND AND IN FRONT, SLIDE, CROSS HALF TURN

- 1-2 Step left foot to the left rocking weight and then replace weight back on right
- 3&4 Step left behind right, step side right, step left in front of right
- 5-6 Push off left foot and do a two count slide on the right foot
- &7-8 Step left foot behind right, crossing right over left, unwind  $\frac{1}{2}$  turn over left shoulder, keeping weight on the right

## SAILOR STEP, SAILOR STEP, KICK BALL CROSS, ROCK TURN

- 1&2 Step left foot behind right, step side to the right with right, step to the left with left
- 3&4 Step right foot behind left, step side to the left with left, step to the right with right
- 5&6 Kick left foot forward, place weight on ball of left, cross right foot over left
- 7-8 Step left foot to the left and left quarter turn while placing weight back on right

**REPEAT**

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