

Sylvia's Mambo

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Sylvia Schell (USA)

Musik: Melbourne Mambo - The Mavericks



CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, ½ TURN, SIDE SHUFFLE

- 1-2 Step right foot across left, recover on left
- 3&4 Cross right foot over left and shuffle (right, left, right)
- 5-6 Step forward on left, turn ½ turn to right (weight goes to right)
- 7&8 Left side shuffle (left, right, left)

CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, ½ TURN, SIDE SHUFFLE

- 1-2 Step right foot across left, recover on left
- 3&4 Cross right foot over left and shuffle (right, left, right)
- 5-6 Step forward on left, turn ½ turn to right (weight goes to right)
- 7&8 Left side shuffle (left, right, left)

RIGHT CROSS SHUFFLE, LEFT CROSS SHUFFLE, RIGHT CROSS SHUFFLE LEFT CROSS SHUFFLE

- 1&2 (Angle slightly left) right cross shuffle (right, left, right)
- 3&4 (Angle slightly right) left cross shuffle (left, right, left)
- 5&6 (Angle slightly left) right cross shuffle (right, left, right)
- 7&8 (Angle slightly right) left cross shuffle (left, right, left)

STEP, ½ PIVOT TURN, ROCK, RECOVER, BODY ROLL, ROCK, RECOVER

- 1-2 Step forward on right, turn ½ turn left (weight goes to left)
- 3-4 Rock forward on right, recover on left
- 5-6 Rock forward on right starting body roll, recover on left completing body roll
- 7-8 Rock back on right, recover on left

REPEAT
