

Sweet Escape

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Mike Camara (USA)

Musik: The Sweet Escape - Gwen Stefani



RIGHT SIDE SHUFFLE ROCK STEP, LEFT SIDE SHUFFLE ROCK STEP

- 1&2 Step right to side, step left together, step right to side
- 3-4 Cross/rock left behind right, recover on right
- 5&6 Step left to side, step right together, step left to side
- 7-8 Cross/rock right behind left, recover on left

RIGHT HEEL LEFT TOE, LEFT HEEL RIGHT TOE, HEEL SWITCHES RIGHT, LEFT, RIGHT, CLAP

- 9&10 Touch right heel forward, step right together, touch left toe together
- 11&12 Touch left heel forward, step left together, touch right toe together
- 13&14 Touch right heel forward, step right together, touch left heel forward
- 15&16 Step left together, touch right heel forward, clap

HIP BUMPS RIGHT, RIGHT, LEFT, LEFT STEP ½ TURN SHUFFLE FORWARD

- 17-18 Step right forward and bump hips right, right
- 19-20 Step left back and bump hips left, left
- 21-22 Step right forward, turn ½ left (weight to left)
- 23&24 Shuffle forward right, left, right

WALK FORWARD, TOUCH TOE, SHUFFLE BACK, COASTER STEP

- 25-26 Step left forward, step right forward
- 27-28 Step left forward, touch right toe back
- 29&30 Shuffle back right, left, right
- 31&32 Step left back, step right together, step left forward

REPEAT
