Sweet & Easy Cha



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Judith Campbell (NZ)

Musik: Sweet & Easy, Soft & Slow - Charley McClain



ROLL TO RIGHT (TURN - TURN) - SIDE SHUFFLE TO RIGHT - WALK WALK - SHUFFLE FORWARD

1-2 Turning ¼ right step right to right foot forward, turning ½ to right step back onto left foot

3&4 Turning ½ right shuffle to right side on right foot (right-left-right)

5-6 Walk forward on left, walk forward on right 7&8 Shuffle forward on left foot (left-right-left)

CROSS ROCK - CHA-CHA-CHA (TRIPLE) - CROSS ROCK - CHA-CHA-CHA

1-2 Cross/step right over left to left corner, recover onto left foot

3&4 Step right foot to right side, step left next to right, step right in place. (using hips)

5-6 Cross/step left over right to right corner, recover onto right foot

7&8 Step left to left side, step right next to left, step left in place (using hips)

ROCK FORWARD BACK - & BACK - WALK WALK - TOUCH TURN TOUCH

1-2&3 Step/rock forward on right, recover onto left, step right next to left (&), step back on left

4-5 Walk back onto right foot, walk back onto left foot

6-7-8 Touch right foot to right side, turning ¼ right bring right foot in next to left, touch left foot out to

left side

CROSS SWEEP - CROSS SWEEP - CROSS SIDE - CROSS SCUFF

Step left across in front of right, sweep right foot around to frontStep right across in front of left, sweep left foot around to front

Alternative for the above 4 counts - cross left over right, touch right to right side, cross right over left, touch left

to left

5-6-7-8 Step left across right, step right to right side, step left across right, scuff right foot forward and

out towards right

REPEAT

TAG

After the 2nd wall

4 MONTEREY TURNS WITH A 1/4 TURN EACH TIME

1-4 Touch right foot to right, turning ¼ to right bring right foot next to left, touch left foot to left,

close left to left

5-16 Repeat the above 4 counts three more times