

# Super Massive

Count: 64

Wand: 4

Ebene: Improver social cha

Choreograf/in: Sara Coleman (UK)

Musik: Supermassive Black Hole - Muse



## **RIGHT LOCK, RIGHT LOCK STEP, LEFT LOCK, LEFT LOCK STEP**

- 1-2 Step right foot forward & to right diagonal, lock left behind right
- 3&4 Step right diagonal, lock left behind right, step right
- 5-6 Step left forward & to left diagonal, lock right behind left
- 7-8 Step left diagonal, lock right behind left, step left

## **LEFT TURN POINT, CROSS POINT, CROSS POINT, LEFT ROCK RECOVER**

- 1-2 Cross right over left and half turn left, placing weight on right, point left to left side
- 3-4 Step left in front of right, point right to right side
- 5-6 Step right in front of left, point left to left side
- 7-8 Rock forward on to left, recover back on to right

## **LEFT BACK LOCK, BACK LOCK STEP, RIGHT BEHIND ½R UNWIND, RIGHT ¼ TURN SIDE ROCK RECOVER**

- 1-2 Step left straight back, cross and step right in front of left
- 3&4 Step left back, lock right over left, step left back
- 5-6 Point right behind left and unwind ½ turn over right shoulder (weight on right)
- 7-8 Turn a ¼ right rocking on to left and recovering on to right

## **LEFT CROSS HOLD, AND CROSS SIDE, LEFT BEHIND, RIGHT SWEEP RIGHT STEP BEHIND, LEFT ¼ TURN LEFT**

- 1-2 Cross left over right and hold (weight on left)
- &3-4 Light step on to right, and step left in front of right, step right to right side
- 5-6 Step left behind right, sweep right round from front to back
- 7-8 Step right down behind left, ¼ turn left stepping forward on to left

## **LEFT ½ TURN ½ TURN, RIGHT SHUFFLE STEP LEFT ROCK RECOVER, LEFT BACK RIGHT SLIDE/HITCH**

- 1-2 ½ turn over left shoulder stepping back on right, ½ turn over left shoulder stepping forward on left (or walk forward right left)
- 3&4 Right step forward, step left next to right, right step forward
- 5-6 Rock forward on left, rock back on right
- 7-8 Long step back on left, slide the right back into a hitch and beginning to turn over right shoulder

## **½ RIGHT TURN TOGETHER, RIGHT SHUFFLE FORWARD, LEFT ROCK RECOVER, BACK ¼ RIGHT TURN**

- &1-2 ½ turn and step forward on to right, step left next to right
- 3&4 Step forward on to right, step left next to right, step right forward
- 5-6 Rock forward on left, rock back on right
- 7-8 Step left back, ¼ turn right stepping right to right side

## **LEFT CROSS TAP & HEEL HOLD, & RIGHT FORWARD ROCK RECOVER CHASSE RIGHT (OR TRIPLE TURN RIGHT)**

- 1-2 Cross rock left in front of right, tap right toe behind left
- &3-4 Step right next left and dig left heel forward, and hold
- &5-6 Bring left back and rock forward on right, rock back on left

7&8 Step right to right side, close left next to right, step right to right side (or triple full turn right traveling right)

**LEFT FORWARD ROCK RECOVER, LEFT BEHIND LEFT UNWIND, CHASSE RIGHT, LEFT CROSS BACK SIDE**

1-2 Rock forward on left, rock back on right

3-4 Touch left behind right and  $\frac{1}{2}$  unwind over left shoulder placing weight on to left

5&6 Step right to right side, close left next to right, step right to right side

7&8 Cross left over right, step back on right, step left to left side

**REPEAT**

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