

Sugarfoot Shuffle (P)

Count: 35

Wand: 0

Ebene: Partner

Choreograf/in: Rick Stearns (USA) & Kathy Stearns (USA)

Musik: Snap Your Fingers - Ronnie Milsap



Position: For couples, man's right arm is across lady's shoulders holding her right hand. Left hands are not joined. Partners both start on right foot.

SHUFFLE, SHUFFLE, WALK, WALK, REPEAT

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left
- 5-6 Walk forward, right, left
- 7-12 Repeat 1-6.

STEP, HIP PUSHES, STEP, STEP, HIP PUSHES

- 13 Step forward on right foot to 1:00, weight on it. Right shoulder forward also. Feet should be parallel.
- 14-15 Keeping weight on right, do 2 hip pushes forward.
- 16 Step left in place, shifting weight to it.
- 17 Step back on right foot to 5:00, weight on it. Feet should be parallel.
- 18-19 Keeping weight on right, do 2 hip pushes to the back.

STEP LEFT, RIGHT, LEFT, TOUCH

- 20-23 **MAN:** Step left, right, left making a $\frac{1}{4}$ turn to right. Touch right toe next to left. Man will be directly behind lady facing outside of circle.
LADY: Step left, right, left turning $\frac{3}{4}$ left under the man's right arm. Touch right toe next to left.. Will face outside of circle.

STEP, WING, VINE LEFT, KNEE HUG WITH $\frac{1}{4}$ TURN LEFT (BOTH)

- 24-25 Step right to side. Touch left toe behind right foot (right wing)
- 26 Step left to side.
- 27 Cross right behind left.
- 28 Step left to side.
- 29 Bring right leg up to left in knee hug, pivoting $\frac{1}{4}$ to left on ball of left.

SHUFFLE, HEEL, HOME, BALL CHANGE

- 30&31 Shuffle forward right, left, right
- 32-33 Touch left heel forward. Step left next to right.
- 34 With right, do a ball change: step back on ball of right putting weight on it. At same time, lift left off the floor.
- 35 Step down on left transferring weight to it again.

REPEAT

If done as singles, dance side by side, no hand hold. Ladies do lady's part