

# Sugarfoot Rag

Count: 0

Wand: 3

Ebene: Advanced

Choreograf/in: Barry Amato (USA)

Musik: Sugar Foot Rag - Jerry Reed



Sequence: AB, AB, AB (repeating the walk sequence in section B), C

## SECTION A

### STEP TOUCH, BALL CHANGE, TOUCH

- 1-6 Step right, touch left forward, step left, touch right forward, step right, touch left forward  
&7 Step out on ball of left foot, step right foot in place  
8 Touch left forward

### STEP TOUCH, BALL CHANGE, TOUCH

- 1-6 Step left, touch right forward, step right, touch left forward, step left, touch right forward  
&7 Step out on ball of right foot, step left foot in place  
8 Touch right next to left foot

### TURNS WITH HITCHES, HITCH, BALL CHANGE, TURNING TRIPLE STEP

- 1& Begin turning right doing a  $\frac{1}{4}$  turn stepping on right, hitch left to right knee while pivoting a  $\frac{1}{2}$  turn on ball of right  
2& Continue turn to right stepping left a  $\frac{1}{4}$  turn, hitch right foot to left knee while pivoting a  $\frac{1}{4}$  turn on ball of left  
3& Complete turn doing another  $\frac{1}{2}$  turn stepping on right, hitch left foot to right knee while pivoting a  $\frac{1}{4}$  turn on ball of right  
4 Step on the left foot next to the right (you should be facing original direction)  
5&6 Hitch right foot to left knee as you slide to the right on left foot, step on ball of right foot out to right side, change weight to left foot

**Accent takes place on count 5 which you will hear in the music**

- 7 Sweep right foot behind left while pivoting  $\frac{1}{2}$  turn on right on all of right foot  
&8 Step in place stepping left-right

### TURN TOES IN-OUT-IN, TURNING TRIPLE STEP, WAGON WHEEL, STEP PIVOT

- 1&2 Turn toes in-out-in traveling slight to the right

**Accent takes place on count 1 which you will hear in the music**

- 3 Sweep left foot behind right while pivoting  $\frac{1}{2}$  turn to left on ball of left foot  
&4 Step in place stepping right-left  
5-6 Wagon Wheel (circling your right foot in a vertical circle behind you, start with right foot touching behind you and circle in behind your left knee as though you are drawing a circle with your foot), bring right foot straight through the middle and scuff right heel forward  
7-8 Step forward on right foot, pivot a  $\frac{1}{2}$  turn left shifting weight to left

### STEP PIVOT, STEP TOUCH (CLAP TWICE ON STEP TOUCH)

- 1-2 Step forward on the right foot, pivot a half turn left shifting weight to left  
3&4 Step forward on right foot, touch left foot next right as you clap twice (&4)

## SECTION B

### SYNCOATED VINE, THREE STEP TURN, HEEL TAP RIGHT

- 1-2 Step left on left, step right behind left  
&3&4 Step left on left, cross right over left, step left on left, cross right behind left  
5-6 Turn left stepping left-right-left  
8 Tap right heel to right side

## **SCISSOR CROSS STEP, TURN 1 ¼ RIGHT, SHUFFLE FORWARD**

- &1 Step right to right, cross left over right  
**Arms: bring fists to chest on diagonal, left elbow down, right up**  
&2 Step right to right, tap left heel to left side  
**Arms: open arms on diagonal, left fist down, right fist up**  
&3 Step left to left, cross right over left  
**Arms: bring fists to chest on diagonal, left elbow up, right down**  
&4 Step left to left, tap right heel to right side  
**Arms: open arms on diagonal, left fist up, right fist down**  
5-6 Turn 1 ¼ turn right step right-left  
7&8 Shuffle forward stepping right-left-right

## **WALK, STEP PIVOT, TOUCH (EXTRA 1 COUNT CLAP)**

- 1-6 Walk forward left, right, left, right, left, right  
7 Pivot ½ turn left with left taking weight  
8 Step onto right foot as you kick left foot up (straight leg and low to the ground)

## **WALK, STEP PIVOT, TOUCH**

- 1-6 Walk forward left, right, left, right, left, right  
7 Pivot ½ turn left with left taking weight  
8 Touch right foot next to left  
1 Clap

## **CAMEL WALK**

- 1-2 Begin a vine to right stepping right (drop right shoulder, raise left shoulder), step left behind right (drop left shoulder, raise right shoulder)  
3-4 Turn ¼ to the right and step forward right (relax shoulders), scuff left heel forward  
5-6 Turn ¼ to the left and step out left (drop left shoulder, raise right shoulder), step right behind left (drop right shoulder, raise left shoulder)  
7-8 Step to left on left (relax shoulders), touch right foot next to left

## **SECTION C**

### **SAILOR SHUFFLE, ¼ TURN TRIPLE STEP, ROCK STEP, COASTER STEP**

- 1&2 Sailor shuffle stepping right-left-right  
3 Sweep left foot behind right while pivoting a ¼ turn on ball of left foot  
&4 Step in place right-left  
5-6 Rock forward on right, recover on left  
7&8 Coaster step, stepping right-left-right

### **SHAVE AND A HAIRCUT**

- 1&a Stomp left, brush ball of right foot forward and back (&a)  
2-3 Step on right foot over left, step left in place  
&4 Step right on right foot, step left crossing left over right
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