

# Sugar Train (Off The Track)

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Bill McGee (USA) & Candy Buker

Musik: The Sugar Train Song



---

## HEEL, HEEL, AND HEEL, HEEL, SHUFFLE BACK, ROCK STEP

- 1-2 Touch right heel forward twice
- &3-4 Step right next to left, touch left heel forward twice
- 5&6 Step back on left, step right beside left, step back on left
- 7-8 Rock back on right, recover onto left

## HEEL, HEEL, AND HEEL, HEEL, SHUFFLE BACK, ROCK STEP

- 1-2 Touch right heel forward twice
- &3-4 Step right next to left, touch left heel forward twice
- 5&6 Step back on left, step right beside left, step back on left
- 7-8 Rock back on right, recover onto left

## STEP, BEHIND, &, CROSS, STEP, STEP, BEHIND, & CROSS, TURN

- 1-2 Step right to right, step left behind right
- &3-4 Step right to right, cross step left over right, step right to right
- 5-6 Step left to left, step right behind left
- &7-8 Step left to left, cross step right over left, step left to left making  $\frac{1}{4}$  turn left

## STEP, CLAP, &, STEP, CLAP, CLAP, ROCK, RECOVER, TURNING SAILOR STEP

- 1-2& Step forward on right, hold and clap, step left next to right
- 3&4 Step forward on right, clap, clap
- 5-6 Rock forward on left, recover on right
- 7&8 Making  $\frac{1}{4}$  turn left step back on left, step right to right, step forward on left

**REPEAT**

---