

# Sugar And Sugar

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Glennys Croston (UK)

Musik: Sugar-Sugar (In My Life) - John Fogerty



## STEP FORWARD TOUCH STEP BACK TOUCH STEP LOCK STEP LOCK STEP

- 1-2 Step forward on right, touch left toe behind right heel
- 3-4 Step back on left, touch right toe in front of left toe
- 5-6 Step forward on right, lock left behind right
- 7&8 Step forward on right, lock left behind, step forward on right

## ROCK FORWARD RECOVER TRIPLE ½ TURN FORWARD TOUCH BACK TOUCH

- 9-10 Rock forward on left, recover on right
- 11&12 Making ½ turn left on a left, right, left
- 13-14 Step forward on right, touch left toe behind right heel
- 15-16 Step back on left, touch right toe in front of left toe

## WEAVE RIGHT ROCK RECOVER CROSS SHUFFLE

- 17-20 Step right to side, cross left behind, step right to side, cross step left over right
- 21-22 Rock on right to side, recover on left
- 23&24 Cross right over left, step left to side, cross right over left

## WEAVE LEFT ROCK RECOVER CROSS SHUFFLE

- 25-28 Step left to side, cross right behind, step left to side, cross step right over left
- 29-30 Rock on left to side, recover on right
- 31&32 Cross left over right, step right to side, cross left over right

## RIGHT VINE WITH ¼ TURN RIGHT LEFT KNEE HITCH VINE LEFT

- 33-36 Step right to side, cross left behind right, step right ¼ turn right, hitch left knee slightly
- 37-40 Step left to side, cross right behind left, step left to side, touch right toe to left instep

## 2 STEP SLIDE STEP KICK TO RIGHT STEP SLIDE STEP KICK TO LEFT

- 41-44 Step right to side, slide left to right, step right to side, kick left across right
- 45-48 Step left to side, slide right to left, step left to side, kick right across left

With the step touches, click fingers

**REPEAT**

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