

# Strike 1

Count: 60

Wand: 4

Ebene: Intermediate

Choreograf/in: Rob Fowler (ES)

Musik: Swing - Trace Adkins



## HEEL JACKS TWICE, CROSS SHUFFLE, SLIDE LEFT

- 1&2& Cross right over left, step left to left side, touch right heel diagonally forward step right next to left  
3&4& Repeat 1&2& on opposite foot  
5&6 Cross right over left, step left to left side, cross right over left  
7-8 Step left a long step to left, hold

## RIGHT SAILOR, LEFT SAILOR, BRUSH OUT, OUT, STEP BEHIND ¾ TURN RIGHT

- 1&2 Step right behind left, step left next to right, step right to right side  
3&4 Step left behind right, step right next to left, step left to left side  
5&6 Brush right next to left, step right to right side, step left to left side  
7-8 Cross right behind left, unwind ¾ turn right (weight on right) (9:00)

## STEP SWIVEL, COASTER, STEP SWIVEL, JUMP BACK, OUT, OUT, CLAP

- 1&2 Touch left forward, swivel left heel out then in  
3&4 Step back onto left, right next to left, step left forward  
5&6 Touch right forward swivel right heel out then in  
&7-8 Jumping back right then left, clap

## RIGHT CROSS ROCK, LEFT CROSS ROCK, RIGHT MAMBO ½ TURN, LEFT MAMBO ½ TURN RIGHT

- 1&2 Rock right over left, recover, step right to right  
3&4 Rock left over right, recover, step left to left side  
5&6 Rock forward right, recover, make ½ turn right on right  
7&8 Step forward left, make ½ turn right, step forward left (9:00)

## JUMP FORWARD AND BACK AND FORWARD, MASH POTATO STEPS BACK

- &1&2 Jump forward right, left, jump back right and left  
&3&4 Jump forward right, left, right left  
37& Step right diagonally behind left (3rd position) step left slightly to left, swivel both heels so they are out  
38& Step left diagonally behind right, step right slightly to left, swivel heels  
39 Step right diagonally behind left (3rd position)  
&40 Lift left heel and right toe twist body to right (swivel), step both feet in place

## RIGHT HITCH, HEEL AND STEP ½ PIVOT TURN, ½ TURN LEFT, TOUCH RIGHT TWICE CROSS AND HEEL

- 1&2 Hitch right knee, step right next to left, touch left heel forward  
&3-4 Step left next to right, step forward right, make ½ turn left  
5-6 On ball of left foot make ½ turn touching right to side twice (9:00)  
7&8 Cross right over left, step left to left side, touch right heel diagonally forward

## LEFT CROSS, HOLD, SIDE BEHIND CROSS, ROCK RECOVER FULL TURN LEFT

- &1-2 Step right next to left, cross left over right, hold  
&3-4 Step right to right side, step left behind right, step right to right side  
5-8 Rock left over right, recover, make ¼ turn left onto left, step forward right make ¾ turn left (9:00)  
9-10 Slide left to left side, hold

&11-12          Step right next to left, cross left over right, touch right heel diagonal forward

**REPEAT**

**TAG**

At then end of the 3rd wall, tap right heel for 4 counts

---